Yet Another English

Тема: спорт

98 слов

с переводом и примерами

Слова подборки

agility /əˈdʒɪl.ə.ti/ C2

ловкость

the ability to move quickly and easily

> The cat showed incredible agility as it jumped from branch to branch.
> Кошка проявила невероятную ловкость, прыгая с ветки на ветку.

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athlete /ˈæθliːt/ A2

спортсмен

a person who is trained in or good at sports, especially running, jumping, or throwing

> Olympic athletes train for years to compete at the highest level.
> Олимпийские спортсмены годами тренируются, чтобы выступать на высшем уровне.

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ball /bɔːl/ A1

мяч

a round object used in games and sports

> Kick the ball towards the goal.
> Ударь мяч в сторону ворот.

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baseball /ˈbeɪsbɔːl/ A1

бейсбол

a sport played between two teams of nine players where you hit a ball with a bat and then run around four bases to score points

> Baseball is the most popular sport in the United States.
> Бейсбол — самый популярный вид спорта в США.

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basketball /ˈbɑːskɪtbɔːl/ A1

баскетбол

A game played between two teams of five players who score points by throwing a ball through a high hoop

> They played basketball every afternoon after school.
> Они играли в баскетбол каждый день после школы.

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bat /bæt/ A1

бита

A flat piece of wood used for hitting a ball in cricket or baseball.

> He swung the bat and hit the ball far over the fence.
> Он взмахнул битой и ударил мяч далеко за ограду.

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block /blɒk/ A1

блок

a solid piece of hard material with flat sides

> The children built a tower from wooden blocks.
> Дети построили башню из деревянных кубиков.

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boxing ˈbɒksɪŋ B1

бокс

a sport in which two people fight by hitting each other with their fists while wearing large padded gloves

> He started boxing when he was twelve and went on to win several national titles.
> Он начал заниматься боксом в двенадцать лет и впоследствии выиграл несколько национальных титулов.

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championship /ˈtʃæmpiənʃɪp/ A2

чемпионат

a competition to find the best player or team in a particular sport

> The team won the national championship for the third year in a row.
> Команда выиграла национальный чемпионат третий год подряд.

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climbing /ˈklaɪmɪŋ/ A2

скалолазание

The sport or activity of going up mountains, rocks, or artificial walls

> Rock climbing is a popular sport that requires both strength and mental focus.
> Скалолазание — популярный вид спорта, требующий как физической силы, так и умственной концентрации.

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coach /kəʊtʃ/ A1

тренер

A person who trains and teaches people in a sport.

> The basketball coach gave the team some good advice.
> Тренер по баскетболу дал команде дельный совет.

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competition /ˌkɒmpɪˈtɪʃn/ A2

конкуренция

a situation in which people or organisations try to be more successful than others

> There is fierce competition among the top companies.
> Между ведущими компаниями идёт жёсткая конкуренция.

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court /kɔːt/ A2

суд

a place where legal cases are heard and decisions made by a judge

> The case will be heard in court next month.
> Дело будет рассматриваться в суде в следующем месяце.

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cricket /ˈkrɪkɪt/ A2

крикет

a game played on a grass field by two teams of eleven players using a bat and ball

> England and Australia have a famous cricket rivalry.
> У Англии и Австралии знаменитое соперничество в крикете.

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cycling ˈsaɪklɪŋ A2

езда на велосипеде

The activity or sport of riding a bicycle

> Cycling to work every day is a great way to stay fit and save money.
> Ездить на работу на велосипеде каждый день — отличный способ поддерживать форму и экономить деньги.

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diving /ˈdaɪ.vɪŋ/ B1

дайвинг

The sport or activity of swimming or jumping into water, especially underwater with breathing equipment

> She learned scuba diving on her holiday in Thailand and loved exploring coral reefs.
> На каникулах в Таиланде она научилась подводному плаванию и полюбила исследовать коралловые рифы.

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doping /ˈdəʊpɪŋ/ B2

допинг

the use of drugs or other substances to improve performance in sports, which is usually not allowed

> The athlete was banned for two years after testing positive for doping.
> Спортсмен был дисквалифицирован на два года после положительного теста на допинг.

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draw drɔː A1

рисовать

To make a picture using a pencil or pen

> Can you draw a map of how to get there?
> Можешь нарисовать карту, как туда добраться?

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dribble /ˈdrɪbl/ C2

вести мяч

to move a ball along the ground by kicking it or bouncing it repeatedly, especially in football or basketball

> He dribbled past two defenders and scored.
> Он обвёл двух защитников и забил гол.

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endurance ɪnˈdjʊərəns B2

выносливость

the ability to continue doing something difficult, painful, or unpleasant for a long time

> Marathon running requires great physical endurance.
> Марафонский бег требует большой физической выносливости.

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exercise /'eksəsaɪz/ A1

упражнение

physical activity done to keep your body healthy

> Regular exercise is important for your health.
> Регулярная физическая нагрузка важна для здоровья.

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fair play /ˌfeə 'pleɪ/ B1

честная игра

the idea of playing a game according to the rules and treating other players with respect

> The team was praised for their fair play throughout the tournament.
> Команду похвалили за честную игру на протяжении всего турнира.

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fan /fæn/ A1

фанат

a person who is very interested in and enthusiastic about someone or something

> She has been a huge fan of that band since she was a teenager.
> Она была огромной поклонницей этой группы ещё со своих подростковых лет.

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field /fi:ld/ A1

поле

an open area of land, usually covered with grass or crops

> The children played in the field behind the school.
> Дети играли на поле позади школы.

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final /'faɪnəl/ A2

финальный

last in a series; coming at the end

> This is the final exam of the year.
> Это финальный экзамен года.

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fitness /'fɪtnəs/ B1

физическая форма

the condition of being physically healthy and strong

> Regular exercise is essential for maintaining good fitness.
> Регулярные упражнения необходимы для поддержания хорошей физической формы.

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football /'fʊtbɔ:l/ A1

футбол

A popular game played by two teams of eleven players who kick a round ball to score goals (British English); or a game using an oval ball in American English.

> My son plays football every Saturday.
> Мой сын играет в футбол каждую субботу.

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foul /faʊl/ B2

отвратительный

Very unpleasant, especially in smell or taste

> There was a foul smell coming from the bin in the corner.
> Из мусорного ведра в углу исходил отвратительный запах.

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game geɪm A1

игра

an activity you do for fun that has rules and in which you try to win

> Let's play a card game after dinner.
> Давайте сыграем в карты после ужина.

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gloves glʌvz A2

перчатки

a piece of clothing that covers your hand and fingers

> Put on your gloves; it's cold outside.
> Надень перчатки, на улице холодно.

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goal /gəʊl/ A1

цель

something you want to achieve; the act of scoring in a sport

> My goal is to learn Spanish by next year.
> Моя цель — выучить испанский к следующему году.

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golf /gɒlf/ A2

гольф

a game in which players use clubs to hit a small ball into holes in the ground

> He plays golf every Sunday morning with his colleagues.
> Он играет в гольф каждое воскресное утро со своими коллегами.

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gym dʒɪm B1

спортзал

a room or building with equipment for physical exercise

> She goes to the gym three times a week.
> Она ходит в спортзал три раза в неделю.

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gymnastics /dʒɪm'næs.tɪks/ B1

гимнастика

a sport involving exercises that require physical strength, flexibility, and control, often performed on special apparatus

> She has been doing gymnastics since the age of five.
> Она занимается гимнастикой с пяти лет.

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halftime /ˌhɑːfˈtaɪm/ B1

перерыв

the short period between the two halves of a sports game, especially football or basketball

> The score was 2-1 at halftime.
> Счёт был 2:1 в перерыве.

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helmet ˈhɛlmɪt B1

шлем

A hard hat worn to protect the head from injury, used in sports, construction, or by soldiers

> Always wear a helmet when riding a bike or motorcycle.
> Всегда надевайте шлем при езде на велосипеде или мотоцикле.

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hiking ˈhaɪkɪŋ A2

пешие прогулки

the activity of going on long walks in the countryside or mountains

> We went hiking in the mountains last summer.
> Прошлым летом мы ходили в горные походы.

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hockey ˈhɒki A2

хоккей

a game played on grass or ice by two teams using sticks to hit a ball or puck into the opposing team's goal

> She plays hockey for the school team every Wednesday afternoon.
> Она играет в хоккей за школьную команду каждую среду во второй половине дня.

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injury /ˈɪndʒəri/ B1

травма

physical harm or damage done to a person's body

> He suffered a serious knee injury during the match.
> Он получил серьёзную травму колена во время матча.

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jogging ˈdʒɒgɪŋ B1

бег трусцой

The activity of running slowly and steadily, especially as a form of exercise

> He goes jogging in the park every morning before work.
> Каждое утро перед работой он бегает трусцой в парке.

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lose /luːz/ A2

терять

to no longer have something because you cannot find it or it has been taken from you

> I've lost my keys again.
> Я опять потерял ключи.

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marathon 'mærəθən B2

марафон

a running race of about 42 kilometres

> She trained for six months to run the London Marathon.
> Шесть месяцев она готовилась к Лондонскому марафону.

martial arts /'mɑːʃl ɑːts/ B1

боевые искусства

various sports or skills, originally from East Asia, that involve fighting and are done as a sport or for self-defense

> He has been practicing martial arts since he was a child.
> Он занимается боевыми искусствами с детства.

match /mætʃ/ A1

матч

a formal sports competition between two players or teams

> Did you watch the football match last night?
> Ты смотрел вчера футбольный матч?

medal /'medəl/ A2

медаль

A flat piece of metal given as a prize or to honour someone for something they have done

> She won a gold medal at the Olympics.
> Она выиграла золотую медаль на Олимпийских играх.

offside /ˌɒf'saɪd/ B1

вне игры

in sports like football or hockey, a position that is not allowed because the player is too close to the opponent's goal

> The goal was disallowed because the striker was offside.
> Гол не засчитали, потому что нападающий был в офсайде.

opponent /ə'pəʊnənt/ B2

противник

A person who competes against you or disagrees with your ideas or plans.

> The champion defeated his opponent in the third round.
> Чемпион победил соперника в третьем раунде.

overtime /'əʊvətaɪm/ B2

сверхурочная работа

Extra time that you work beyond your normal working hours

> She worked overtime every day this week to meet the deadline.
> Всю эту неделю она работала сверхурочно, чтобы успеть к дедлайну.

pass /pɑːs/ A2

проходить

to go past or move to the other side of something

> We passed the library on the way to school.
> По дороге в школу мы прошли мимо библиотеки.

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penalty /ˈpenəlti/ B2

штраф

a punishment given for breaking a law or rule; also in football, a free kick from a special spot

> There are heavy penalties for speeding in this country.
> В этой стране за превышение скорости предусмотрены серьёзные штрафы.

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personal best /ˈpɜːsənəl best/ B1

личный рекорд

the best result or performance that someone has ever achieved, especially in sport

> She ran a personal best of 2 hours 30 minutes in the marathon.
> Она пробежала марафон с личным рекордом — 2 часа 30 минут.

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pilates /pɪˈlɑːtiːz/ B1

пилатес

a system of physical exercise that focuses on core strength, flexibility, and controlled movements

> She does Pilates twice a week to improve her posture.
> Она занимается пилатесом два раза в неделю, чтобы улучшить осанку.

---

player ˈpleɪə A1

игрок

a person who takes part in a game or sport

> The best player on the team scored three goals in the final match.
> Лучший игрок команды забил три гола в финальном матче.

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point /pɔɪnt/ A1

пункт

a single fact, idea, or opinion said as part of an argument

> That's a very good point.
> Это очень верное замечание.

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pool /puːl/ A1

бассейн

a small area of still water, or a structure filled with water for swimming

> The children spent the afternoon in the swimming pool.
> Дети провели вторую половину дня в бассейне.

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practice /ˈpræktɪs/ A1

практика

doing something regularly to improve your skill

> You'll get better with practice.
> С практикой ты улучшишься.

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racket /ˈræk.ɪt/ A2

ракетка

a piece of sports equipment with a handle and oval frame strung with cord, used to hit a ball

> She forgot her tennis racket at home.
> Она забыла теннисную ракетку дома.

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record /ˈrɛkɔːd/ A2

запись

written or stored information about something; the best performance ever achieved

> Please keep a record of all your expenses.
> Пожалуйста, ведите учёт всех своих расходов.

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recovery /rɪˈkʌv.ər.i/ B1

выздоровление

the process of returning to a healthy, normal, or correct state after illness, injury, or difficulty

> She made a full recovery after the surgery.
> После операции она полностью восстановилась.

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referee ˌrefəˈriː B1

судья

an official in some sports who makes sure players obey the rules

> The referee blew his whistle to end the match.
> Судья свистнул, чтобы закончить матч.

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relay /ˈriːleɪ/ B2

эстафета

A race in which each member of a team runs or swims part of the distance

> The national team won gold in the 4x100 metre relay at the championships.
> Национальная команда завоевала золото в эстафете 4 по 100 метров на чемпионате.

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rugby /ˈrʌgbi/ A2

регби

a team sport played with an oval ball in which players can carry, pass, and kick the ball to score points

> He plays rugby every Saturday with his local club.
> Каждую субботу он играет в регби со своим местным клубом.

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running /ˈrʌnɪŋ/ A2

бег

the activity of moving fast on your feet for exercise or sport

> Running every day keeps her healthy.
> Ежедневный бег помогает ей оставаться здоровой.

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save /seɪv/ A1

спасать

to keep someone or something safe from danger, harm, or loss

> The doctors worked hard to save the patient's life.
> Врачи упорно боролись за жизнь пациента.

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score /skɔː/ B1

счёт

the number of points in a game or test

> What was the final score of the match?
> Каков был финальный счёт матча?

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scoreboard /ˈskɔːbɔːd/ A2

табло

a large board that shows the score in a game or competition

> The scoreboard showed 3–2 in the final minute.
> Табло показывало 3:2 в последнюю минуту.

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serve /sɜːv/ A2

подавать

to give food or drink to someone

> The waiter served us quickly.
> Официант быстро нас обслужил.

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shoot /ʃuːt/ A2

стрелять

To fire a weapon such as a gun at someone or something.

> He shot an arrow at the target.
> Он выстрелил стрелой в цель.

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skating ˈskeɪtɪŋ A2

катание на коньках

the activity of moving on ice or a hard surface wearing special boots with blades or wheels

> We went skating at the outdoor rink last winter.
> Прошлой зимой мы катались на коньках на открытом катке.

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skiing 'skiːɪŋ A2

катание на лыжах

the sport or activity of moving over snow on skis

> We go skiing every winter in Austria.
> Каждую зиму мы едем кататься на лыжах в Австрию.

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snowboarding 'snəʊbɔːdɪŋ A2

сноубординг

the sport or activity of going down snowy slopes on a snowboard

> Snowboarding is very popular at mountain resorts.
> Сноубординг очень популярен на горнолыжных курортах.

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soccer 'sɒkə A1

футбол (амер.)

The sport of football played with a round ball between two teams of eleven players (mainly used in North America and some other countries)

> Soccer is the most popular youth sport in the United States.
> Футбол — самый популярный детский спорт в США.

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spectator spek'teɪtə B1

зритель

a person who watches an event, game, or show without taking part

> Thousands of spectators gathered to watch the race.
> Тысячи зрителей собрались, чтобы посмотреть на гонку.

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speed /spiːd/ A2

скорость

how fast something or someone moves

> The car was travelling at a speed of 100 km/h.
> Автомобиль ехал со скоростью 100 км/ч.

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sport spɔːt A1

спорт

a physical activity or game that people do for fun or competition

> Football is the most popular sport in the world.
> Футбол — самый популярный вид спорта в мире.

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sportsmanship /'spɔːtsmənʃɪp/ B1

честная игра

fair, generous, and respectful behaviour during a game or competition

> Winning is important, but sportsmanship matters more.
> Победа важна, но честная игра важнее.

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sprint /sprɪnt/ B2

мчаться

to run as fast as possible over a short distance

> She sprinted to the finish line and won the race.
> Она стремительно помчалась к финишу и выиграла гонку.

stadium 'steɪdiəm A2

стадион

A large sports ground with rows of seats for spectators around it

> The football stadium was packed with over sixty thousand fans.
> Футбольный стадион был заполнен более чем шестьюдесятью тысячами болельщиков.

strength /streŋθ/ A2

сила

the physical power and energy that someone or something has

> He lifted the heavy box with great strength.
> Он поднял тяжёлую коробку с большой силой.

stretch /stretʃ/ B1

растягивать

to pull something so it becomes longer or wider; to extend your body or limbs

> She stretched her arms above her head to wake up properly.
> Она вытянула руки над головой, чтобы как следует проснуться.

stretching /'stretʃɪŋ/ C1

растяжка

the activity of making your muscles longer and more flexible by pulling them gently

> Always do some stretching before you exercise.
> Всегда делайте растяжку перед тренировкой.

surfing 'sɜːfɪŋ A2

сёрфинг

The sport or activity of riding waves on a surfboard

> They went surfing every day during their holiday in Hawaii.
> Во время отпуска на Гавайях они каждый день занимались сёрфингом.

swimming /'swɪmɪŋ/ A1

плавание

the activity or sport of moving through water using your body

> Swimming is a great way to stay fit and healthy.
> Плавание — отличный способ оставаться в форме.

tackle 'tækəl B2

решать

to deal with a difficult problem or situation

> The government needs to tackle the problem of unemployment.
> Правительству нужно решить проблему безработицы.

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team ti:m A1

команда

a group of people who work or play together against another group

> Our team won the football championship this year.
> Наша команда выиграла чемпионат по футболу в этом году.

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tennis /'tenɪs/ A1

теннис

A sport played by two or four people who hit a ball over a net using rackets

> She has been playing tennis since she was eight years old.
> Она играет в теннис с восьми лет.

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timeout /'taɪmaʊt/ B1

тайм-аут

a short break during a sports game when the coach can talk to the players

> The coach called a timeout to discuss the strategy.
> Тренер взял тайм-аут, чтобы обсудить стратегию.

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tournament /'tʊənəmənt/ B1

турнир

a competition in which many players or teams compete against each other in a series of games to win a prize

> They won the national basketball tournament for the third year in a row.
> Они выиграли национальный баскетбольный турнир третий год подряд.

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track træk A2

тропа

A path or rough road; a set of rails for a train; a recorded piece of music

> We followed a narrow track through the forest.
> Мы шли по узкой тропинке через лес.

---

training /'treɪnɪŋ/ A2

обучение

the process of learning the skills you need for a job or activity

> All new employees must complete safety training.
> Все новые сотрудники должны пройти инструктаж по безопасности.

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trophy 'trəʊfi B2

трофей

a prize given to the winner of a competition, usually a large cup or shield

> The team won the trophy for the third year in a row.
> Команда выиграла кубок три года подряд.

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uniform 'juːnɪfɔːm A2

форма

Special clothes worn by all members of a group, such as soldiers or schoolchildren

> All pupils must wear school uniform.
> Все ученики должны носить школьную форму.

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volleyball /'vɒlɪbɔːl/ A1

волейбол

a sport in which two teams hit a ball over a high net using their hands and try not to let the ball touch the ground

> We play volleyball on the beach every summer.
> Каждое лето мы играем в волейбол на пляже.

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warm-up 'wɔːm ʌp B1

разминка

a short period of gentle exercise or activity done to prepare for a more intense activity

> Before the race, the runners did a 10-minute warm-up.
> Перед забегом бегуны сделали десятиминутную разминку.

---

win /wɪn/ A1

победить

to be the best or first in a competition, game, or battle

> Our team won the championship last year.
> Наша команда выиграла чемпионат в прошлом году.

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workout /'wɜːk.aʊt/ B1

тренировка

a period of physical exercise or training

> She goes to the gym for a workout every morning before work.
> Каждое утро перед работой она ходит в спортзал на тренировку.

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wrestling 'res.lɪŋ B1

борьба

a sport in which two people fight by holding and trying to throw each other to the ground

> He has been training in wrestling for years.
> Он годами тренируется в борьбе.

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yoga ˈjəʊgə B1

йога

A set of physical and mental exercises, originally from India, that involves holding particular body positions, breathing, and meditation

> She does yoga every morning to stay flexible and calm.
> Она занимается йогой каждое утро, чтобы оставаться гибкой и спокойной.

Чек-лист самопроверки

Закрой правую колонку, вспомни перевод — отметь выученное.

- [ ] **agility** — ловкость
- [ ] **athlete** — спортсмен
- [ ] **ball** — мяч
- [ ] **baseball** — бейсбол
- [ ] **basketball** — баскетбол
- [ ] **bat** — бита
- [ ] **block** — блок
- [ ] **boxing** — бокс
- [ ] **championship** — чемпионат
- [ ] **climbing** — скалолазание
- [ ] **coach** — тренер
- [ ] **competition** — конкуренция
- [ ] **court** — суд
- [ ] **cricket** — крикет
- [ ] **cycling** — езда на велосипеде
- [ ] **diving** — дайвинг
- [ ] **doping** — допинг
- [ ] **draw** — рисовать
- [ ] **dribble** — вести мяч
- [ ] **endurance** — выносливость
- [ ] **exercise** — упражнение
- [ ] **fair play** — честная игра
- [ ] **fan** — фанат
- [ ] **field** — поле
- [ ] **final** — финальный
- [ ] **fitness** — физическая форма
- [ ] **football** — футбол
- [ ] **foul** — отвратительный
- [ ] **game** — игра
- [ ] **gloves** — перчатки
- [ ] **goal** — цель
- [ ] **golf** — гольф
- [ ] **gym** — спортзал
- [ ] **gymnastics** — гимнастика
- [ ] **halftime** — перерыв
- [ ] **helmet** — шлем

- [ ] **hiking** — пешие прогулки
- [ ] **hockey** — хоккей
- [ ] **injury** — травма
- [ ] **jogging** — бег трусцой
- [ ] **lose** — терять
- [ ] **marathon** — марафон
- [ ] **martial arts** — боевые искусства
- [ ] **match** — матч
- [ ] **medal** — медаль
- [ ] **offside** — вне игры
- [ ] **opponent** — противник
- [ ] **overtime** — сверхурочная работа
- [ ] **pass** — проходить
- [ ] **penalty** — штраф
- [ ] **personal best** — личный рекорд
- [ ] **pilates** — пилатес
- [ ] **player** — игрок
- [ ] **point** — пункт
- [ ] **pool** — бассейн
- [ ] **practice** — практика
- [ ] **racket** — ракетка
- [ ] **record** — запись
- [ ] **recovery** — выздоровление
- [ ] **referee** — судья
- [ ] **relay** — эстафета
- [ ] **rugby** — регби
- [ ] **running** — бег
- [ ] **save** — спасать
- [ ] **score** — счёт
- [ ] **scoreboard** — табло
- [ ] **serve** — подавать
- [ ] **shoot** — стрелять
- [ ] **skating** — катание на коньках
- [ ] **skiing** — катание на лыжах
- [ ] **snowboarding** — сноубординг
- [ ] **soccer** — футбол (амер.)
- [ ] **spectator** — зритель
- [ ] **speed** — скорость
- [ ] **sport** — спорт

- [ ] **sportsmanship** ..... честная игра
- [ ] **sprint** ..... мчаться
- [ ] **stadium** ..... стадион
- [ ] **strength** ..... сила
- [ ] **stretch** ..... растягивать
- [ ] **stretching** ..... растяжка
- [ ] **surfing** ..... сёрфинг
- [ ] **swimming** ..... плавание
- [ ] **tackle** ..... решать
- [ ] **team** ..... команда
- [ ] **tennis** ..... теннис
- [ ] **timeout** ..... тайм-аут
- [ ] **tournament** ..... турнир
- [ ] **track** ..... тропа
- [ ] **training** ..... обучение
- [ ] **trophy** ..... трофей
- [ ] **uniform** ..... форма
- [ ] **volleyball** ..... волейбол
- [ ] **warm-up** ..... разминка
- [ ] **win** ..... победить
- [ ] **workout** ..... тренировка
- [ ] **wrestling** ..... борьба
- [ ] **yoga** ..... йога