



Yet Another English

Тема: спорт

98 слов

с переводом и примерами

Слова подборки

agility /ə'dʒɪl.ə.ti/ **B2**

ловкость

the ability to move quickly and easily

The cat showed incredible agility as it jumped from branch to branch.

Кошка проявила невероятную ловкость, прыгая с ветки на ветку.

athlete /'æθli:t/ **A2**

спортсмен

a person who is trained in or good at sports, especially running, jumping, or throwing

Olympic athletes train for years to compete at the highest level.

Олимпийские спортсмены годами тренируются, чтобы выступать на высшем уровне.

ball /bɔ:l/ **A1**

мяч

a round object used in games and sports

Kick the ball towards the goal.

Ударь мяч в сторону ворот.

baseball /'beɪsbɔ:l/ **A1**

бейсбол

a sport played between two teams of nine players where you hit a ball with a bat and then run around four bases to score points

Baseball is the most popular sport in the United States.

Бейсбол — самый популярный вид спорта в США.

basketball /'bɑ:skɪtbɔ:l/ **A1**

баскетбол

A game played between two teams of five players who score points by throwing a ball through a high hoop

They played basketball every afternoon after school.

Они играли в баскетбол каждый день после школы.

bat /bæt/ **A1**

бита

A flat piece of wood used for hitting a ball in cricket or baseball.

He swung the bat and hit the ball far over the fence.

Он взмахнул битой и ударил мяч далеко за ограду.

block /blɒk/ **A1**

блок

a solid piece of hard material with flat sides

The children built a tower from wooden blocks.

Дети построили башню из деревянных кубиков.

boxing 'bɒksɪŋ **B1**

бокс

a sport in which two people fight by hitting each other with their fists while wearing large padded gloves

He started boxing when he was twelve and went on to win several national titles.

Он начал заниматься боксом в двенадцать лет и впоследствии выиграл несколько национальных титулов.

championship /ˈtʃæmpɪənʃɪp/ **A2**

чемпионат

a competition to find the best player or team in a particular sport

The team won the national championship for the third year in a row.

Команда выиграла национальный чемпионат третий год подряд.

climbing /ˈklaɪmɪŋ/ **A2**

скалолазание

The sport or activity of going up mountains, rocks, or artificial walls

Rock climbing is a popular sport that requires both strength and mental focus.

Скалолазание — популярный вид спорта, требующий как физической силы, так и умственной концентрации.

coach /kəʊtʃ/ **A1**

тренер

A person who trains and teaches people in a sport.

The basketball coach gave the team some good advice.

Тренер по баскетболу дал команде дельный совет.

competition /ˌkɒmpɪˈtɪʃn/ **A2**

конкуренция

a situation in which people or organisations try to be more successful than others

There is fierce competition among the top companies.

Между ведущими компаниями идёт жёсткая конкуренция.

court /kɔːt/ **A2**

суд

a place where legal cases are heard and decisions made by a judge

The case will be heard in court next month.

Дело будет рассматриваться в суде в следующем месяце.

cricket /'krɪkɪt/ **A2**

крикет

a game played on a grass field by two teams of eleven players using a bat and ball

England and Australia have a famous cricket rivalry.

У Англии и Австралии знаменитое соперничество в крикете.

cycling 'saɪklɪŋ **A2**

езда на велосипеде

The activity or sport of riding a bicycle

Cycling to work every day is a great way to stay fit and save money.

Ездить на работу на велосипеде каждый день — отличный способ поддерживать форму и экономить деньги.

diving /'daɪ.vɪŋ/ **B1**

дайвинг

The sport or activity of swimming or jumping into water, especially underwater with breathing equipment

She learned scuba diving on her holiday in Thailand and loved exploring coral reefs.

На каникулах в Таиланде она научилась подводному плаванию и полюбила исследовать коралловые рифы.

doping /'dəʊpɪŋ/ **B2**

допинг

the use of drugs or other substances to improve performance in sports, which is usually not allowed

The athlete was banned for two years after testing positive for doping.

Спортсмен был дисквалифицирован на два года после положительного теста на допинг.

draw drɔː **A1**

рисовать

To make a picture using a pencil or pen

Can you draw a map of how to get there?

Можешь нарисовать карту, как туда добраться?

dribble /'drɪbl/ **B1**

вести мяч

to move a ball along the ground by kicking it or bouncing it repeatedly, especially in football or basketball

He dribbled past two defenders and scored.

Он обвёл двух защитников и забил гол.

endurance ɪn'dʒʊərəns **B2**

выносливость

the ability to continue doing something difficult, painful, or unpleasant for a long time

Marathon running requires great physical endurance.

Марафонский бег требует большой физической выносливости.

exercise /'eksəsaɪz/ **A1**

упражнение

physical activity done to keep your body healthy

Regular exercise is important for your health.

Регулярная физическая нагрузка важна для здоровья.

fair play /,feə 'pleɪ/ **B1**

честная игра

the idea of playing a game according to the rules and treating other players with respect

The team was praised for their fair play throughout the tournament.

Команду похвалили за честную игру на протяжении всего турнира.

fan /fæn/ **A1**

фанат

a person who is very interested in and enthusiastic about someone or something

She has been a huge fan of that band since she was a teenager.

Она была огромной поклонницей этой группы ещё со своих подростковых лет.

field /fi:ld/ **A1**

поле

an open area of land, usually covered with grass or crops

The children played in the field behind the school.

Дети играли на поле позади школы.

final /'faɪnəl/ **A2**

финальный

last in a series; coming at the end

This is the final exam of the year.

Это финальный экзамен года.

fitness /'fɪtnəs/ **B1**

физическая форма

the condition of being physically healthy and strong

Regular exercise is essential for maintaining good fitness.

Регулярные упражнения необходимы для поддержания хорошей физической формы.

football /'fʊtbɔ:l/ **A1**

футбол

A popular game played by two teams of eleven players who kick a round ball to score goals (British English); or a game using an oval ball in American English.

My son plays football every Saturday.

Мой сын играет в футбол каждую субботу.

foul /faʊl/ **B2**

отвратительный

Very unpleasant, especially in smell or taste

There was a foul smell coming from the bin in the corner.

Из мусорного ведра в углу исходил отвратительный запах.

game geɪm **A1**

игра

an activity you do for fun that has rules and in which you try to win

Let's play a card game after dinner.

Давайте сыграем в карты после ужина.

gloves glʌvz **A2**

перчатки

a piece of clothing that covers your hand and fingers

Put on your gloves; it's cold outside.

Надень перчатки, на улице холодно.

goal /ɡəʊl/ **A1**

цель

something you want to achieve; the act of scoring in a sport

My goal is to learn Spanish by next year.

Моя цель — выучить испанский к следующему году.

golf /ɡɒlf/ **A2**

гольф

a game in which players use clubs to hit a small ball into holes in the ground

He plays golf every Sunday morning with his colleagues.

Он играет в гольф каждое воскресное утро со своими коллегами.

gym dʒɪm **B1**

спортзал

a room or building with equipment for physical exercise

She goes to the gym three times a week.

Она ходит в спортзал три раза в неделю.

gymnastics /dʒɪm'næst.ɪks/ **B1**

гимнастика

a sport involving exercises that require physical strength, flexibility, and control, often performed on special apparatus

She has been doing gymnastics since the age of five.

Она занимается гимнастикой с пяти лет.

halftime /ˌhɑːftaɪm/ **B1**

перерыв

the short period between the two halves of a sports game, especially football or basketball

The score was 2-1 at halftime.

Счёт был 2:1 в перерыве.

helmet 'hɛlmɪt **B1**

шлем

A hard hat worn to protect the head from injury, used in sports, construction, or by soldiers

Always wear a helmet when riding a bike or motorcycle.

Всегда надевайте шлем при езде на велосипеде или мотоцикле.

hiking 'haɪkɪŋ **A2**

пешие прогулки

the activity of going on long walks in the countryside or mountains

We went hiking in the mountains last summer.

Прошлым летом мы ходили в горные походы.

hockey 'hɒki **A2**

хоккей

a game played on grass or ice by two teams using sticks to hit a ball or puck into the opposing team's goal

She plays hockey for the school team every Wednesday afternoon.

Она играет в хоккей за школьную команду каждую среду во второй половине дня.

injury /'ɪndʒəri/ **B1**

травма

physical harm or damage done to a person's body

He suffered a serious knee injury during the match.

Он получил серьёзную травму колена во время матча.

jogging 'dʒɒɡɪŋ **B1**

бег трусцой

The activity of running slowly and steadily, especially as a form of exercise

He goes jogging in the park every morning before work.

Каждое утро перед работой он бежит трусцой в парке.

lose /luːz/ **A2**

терять

to no longer have something because you cannot find it or it has been taken from you

I've lost my keys again.

Я опять потерял ключи.

marathon 'mæɹəθən **B2**

марафон

a running race of about 42 kilometres

She trained for six months to run the London Marathon.

Шесть месяцев она готовилась к Лондонскому марафону.

martial arts /'mɑ:jl ɑ:ts/ **B1**

боевые искусства

various sports or skills, originally from East Asia, that involve fighting and are done as a sport or for self-defense

He has been practicing martial arts since he was a child.

Он занимается боевыми искусствами с детства.

match /mætʃ/ **A1**

матч

a formal sports competition between two players or teams

Did you watch the football match last night?

Ты смотрел вчера футбольный матч?

medal /'medəl/ **A2**

медаль

A flat piece of metal given as a prize or to honour someone for something they have done

She won a gold medal at the Olympics.

Она выиграла золотую медаль на Олимпийских играх.

offside /ɒf'saɪd/ **B1**

вне игры

in sports like football or hockey, a position that is not allowed because the player is too close to the opponent's goal

The goal was disallowed because the striker was offside.

Гол не засчитали, потому что нападающий был в офсайде.

opponent /ə'pəʊnənt/ **B2**

противник

A person who competes against you or disagrees with your ideas or plans.

The champion defeated his opponent in the third round.

Чемпион победил соперника в третьем раунде.

overtime /'əʊvətaɪm/ **B2**

сверхурочная работа

Extra time that you work beyond your normal working hours

She worked overtime every day this week to meet the deadline.

Всю эту неделю она работала сверхурочно, чтобы успеть к дедлайну.

pass /pɑ:s/ **A2**

проходить

to go past or move to the other side of something

We passed the library on the way to school.

По дороге в школу мы прошли мимо библиотеки.

penalty /ˈpenəlti/ **B2**

штраф

a punishment given for breaking a law or rule; also in football, a free kick from a special spot

There are heavy penalties for speeding in this country.

В этой стране за превышение скорости предусмотрены серьёзные штрафы.

personal best /ˈpɜ:sənəl best/ **B1**

личный рекорд

the best result or performance that someone has ever achieved, especially in sport

She ran a personal best of 2 hours 30 minutes in the marathon.

Она пробежала марафон с личным рекордом – 2 часа 30 минут.

pilates /prˈlɑ:ti:z/ **B1**

пилатес

a system of physical exercise that focuses on core strength, flexibility, and controlled movements

She does Pilates twice a week to improve her posture.

Она занимается пилатесом два раза в неделю, чтобы улучшить осанку.

player ˈpleɪə **A1**

игрок

a person who takes part in a game or sport

The best player on the team scored three goals in the final match.

Лучший игрок команды забил три гола в финальном матче.

point /pɔɪnt/ **A1**

пункт

a single fact, idea, or opinion said as part of an argument

That's a very good point.

Это очень верное замечание.

pool /pu:l/ **A1**

бассейн

a small area of still water, or a structure filled with water for swimming

The children spent the afternoon in the swimming pool.

Дети провели вторую половину дня в бассейне.

practice /'præktɪs/ (A1)

практика

doing something regularly to improve your skill

You'll get better with practice.

С практикой ты улучшишься.

racket /'ræk.ɪt/ (A2)

ракетка

a piece of sports equipment with a handle and oval frame strung with cord, used to hit a ball

She forgot her tennis racket at home.

Она забыла теннисную ракетку дома.

record /'rekɔ:d/ (A2)

запись

written or stored information about something; the best performance ever achieved

Please keep a record of all your expenses.

Пожалуйста, ведите учёт всех своих расходов.

recovery /rɪ'kʌv.ər.i/ (B1)

выздоровление

the process of returning to a healthy, normal, or correct state after illness, injury, or difficulty

She made a full recovery after the surgery.

После операции она полностью восстановилась.

referee ,refə'ri: (B1)

судья

an official in some sports who makes sure players obey the rules

The referee blew his whistle to end the match.

Судья свистнул, чтобы закончить матч.

relay /'ri:leɪ/ (B2)

эстафета

A race in which each member of a team runs or swims part of the distance

The national team won gold in the 4x100 metre relay at the championships.

Национальная команда завоевала золото в эстафете 4 по 100 метров на чемпионате.

rugby /'rʌɡbi/ (A2)

регби

a team sport played with an oval ball in which players can carry, pass, and kick the ball to score points

He plays rugby every Saturday with his local club.

Каждую субботу он играет в регби со своим местным клубом.

running /ˈrʌnɪŋ/ **A2**

бег

the activity of moving fast on your feet for exercise or sport

Running every day keeps her healthy.

Ежедневный бег помогает ей оставаться здоровой.

save /seɪv/ **A1**

спасать

to keep someone or something safe from danger, harm, or loss

The doctors worked hard to save the patient's life.

Врачи упорно боролись за жизнь пациента.

score /skɔː/ **B1**

счёт

the number of points in a game or test

What was the final score of the match?

Каков был финальный счёт матча?

scoreboard /ˈskɔːbɔːd/ **A2**

табло

a large board that shows the score in a game or competition

The scoreboard showed 3–2 in the final minute.

Табло показывало 3:2 в последнюю минуту.

serve /sɜːv/ **A2**

подавать

to give food or drink to someone

The waiter served us quickly.

Официант быстро нас обслужил.

shoot /ʃuːt/ **A2**

стрелять

To fire a weapon such as a gun at someone or something.

He shot an arrow at the target.

Он выстрелил стрелой в цель.

skating ˈskeɪtɪŋ **A2**

катание на коньках

the activity of moving on ice or a hard surface wearing special boots with blades or wheels

We went skating at the outdoor rink last winter.

Прошлой зимой мы катались на коньках на открытом катке.

skiing 'ski:ɪŋ A2

катание на лыжах

the sport or activity of moving over snow on skis

We go skiing every winter in Austria.

Каждую зиму мы едем кататься на лыжах в Австрию.

snowboarding 'snəʊbɔ:ɪdɪŋ A2

сноубординг

the sport or activity of going down snowy slopes on a snowboard

Snowboarding is very popular at mountain resorts.

Сноубординг очень популярен на горнолыжных курортах.

soccer 'sɒkə A1

футбол (амер.)

The sport of football played with a round ball between two teams of eleven players (mainly used in North America and some other countries)

Soccer is the most popular youth sport in the United States.

Футбол – самый популярный детский спорт в США.

spectator spek'teɪtə B1

зритель

a person who watches an event, game, or show without taking part

Thousands of spectators gathered to watch the race.

Тысячи зрителей собрались, чтобы посмотреть на гонку.

speed /spi:d/ A2

скорость

how fast something or someone moves

The car was travelling at a speed of 100 km/h.

Автомобиль ехал со скоростью 100 км/ч.

sport spɔ:t A1

спорт

a physical activity or game that people do for fun or competition

Football is the most popular sport in the world.

Футбол – самый популярный вид спорта в мире.

sportsmanship /'spɔ:tsmənʃɪp/ B1

честная игра

fair, generous, and respectful behaviour during a game or competition

Winning is important, but sportsmanship matters more.

Победа важна, но честная игра важнее.

sprint /sprint/ **B2**

мчаться

to run as fast as possible over a short distance

She sprinted to the finish line and won the race.

Она стремительно помчалась к финишу и выиграла гонку.

stadium 'steɪdiəm **A2**

стадион

A large sports ground with rows of seats for spectators around it

The football stadium was packed with over sixty thousand fans.

Футбольный стадион был заполнен более чем шестидесятью тысячами болельщиков.

strength /streŋθ/ **A2**

сила

the physical power and energy that someone or something has

He lifted the heavy box with great strength.

Он поднял тяжёлую коробку с большой силой.

stretch /stretʃ/ **B1**

растягивать

to pull something so it becomes longer or wider; to extend your body or limbs

She stretched her arms above her head to wake up properly.

Она вытянула руки над головой, чтобы как следует проснуться.

stretching /'stretʃɪŋ/ **A2**

растяжка

the activity of making your muscles longer and more flexible by pulling them gently

Always do some stretching before you exercise.

Всегда делайте растяжку перед тренировкой.

surfing 'sɜːfɪŋ **A2**

сёрфинг

The sport or activity of riding waves on a surfboard

They went surfing every day during their holiday in Hawaii.

Во время отпуска на Гавайях они каждый день занимались сёрфингом.

swimming /'swɪmɪŋ/ **A1**

плавание

the activity or sport of moving through water using your body

Swimming is a great way to stay fit and healthy.

Плавание — отличный способ оставаться в форме.

tackle 'tækəl (B2)

решать

to deal with a difficult problem or situation

The government needs to tackle the problem of unemployment.

Правительству нужно решить проблему безработицы.

team ti:m (A1)

команда

a group of people who work or play together against another group

Our team won the football championship this year.

Наша команда выиграла чемпионат по футболу в этом году.

tennis /'tenɪs/ (A1)

теннис

A sport played by two or four people who hit a ball over a net using rackets

She has been playing tennis since she was eight years old.

Она играет в теннис с восьми лет.

timeout /'taɪmaʊt/ (B1)

тайм-аут

a short break during a sports game when the coach can talk to the players

The coach called a timeout to discuss the strategy.

Тренер взял тайм-аут, чтобы обсудить стратегию.

tournament /'tʊənmənt/ (B1)

турнир

a competition in which many players or teams compete against each other in a series of games to win a prize

They won the national basketball tournament for the third year in a row.

Они выиграли национальный баскетбольный турнир третий год подряд.

track træk (A2)

тропа

A path or rough road; a set of rails for a train; a recorded piece of music

We followed a narrow track through the forest.

Мы шли по узкой тропинке через лес.

training /'treɪnɪŋ/ (A2)

обучение

the process of learning the skills you need for a job or activity

All new employees must complete safety training.

Все новые сотрудники должны пройти инструктаж по безопасности.

trophy 'trəʊfi (B2)

трофей

a prize given to the winner of a competition, usually a large cup or shield

The team won the trophy for the third year in a row.

Команда выиграла кубок три года подряд.

uniform 'ju:nɪfɔ:m (A2)

форма

Special clothes worn by all members of a group, such as soldiers or schoolchildren

All pupils must wear school uniform.

Все ученики должны носить школьную форму.

volleyball /'vɒlɪbɔ:l/ (A1)

волейбол

a sport in which two teams hit a ball over a high net using their hands and try not to let the ball touch the ground

We play volleyball on the beach every summer.

Каждое лето мы играем в волейбол на пляже.

warm-up 'wɔ:m ʌp (B1)

разминка

a short period of gentle exercise or activity done to prepare for a more intense activity

Before the race, the runners did a 10-minute warm-up.

Перед забегом бегуны сделали десятиминутную разминку.

win /wɪn/ (A1)

победить

to be the best or first in a competition, game, or battle

Our team won the championship last year.

Наша команда выиграла чемпионат в прошлом году.

workout /'wɜ:k.aʊt/ (B1)

тренировка

a period of physical exercise or training

She goes to the gym for a workout every morning before work.

Каждое утро перед работой она ходит в спортзал на тренировку.

wrestling 'res.lɪŋ (B1)

борьба

a sport in which two people fight by holding and trying to throw each other to the ground

He has been training in wrestling for years.

Он годами тренируется в борьбе.

yoga 'jəʊgə 

йога

A set of physical and mental exercises, originally from India, that involves holding particular body positions, breathing, and meditation

| She does yoga every morning to stay flexible and calm.

Она занимается йогой каждое утро, чтобы оставаться гибкой и спокойной.

Чек-лист самопроверки

Закрой правую колонку, вспомни перевод — отметь выученное.

☐	agility	ловкость
☐	athlete	спортсмен
☐	ball	мяч
☐	baseball	бейсбол
☐	basketball	баскетбол
☐	bat	бита
☐	block	блок
☐	boxing	бокс
☐	championship	чемпионат
☐	climbing	скалолазание
☐	coach	тренер
☐	competition	конкуренция
☐	court	суд
☐	cricket	крикет
☐	cycling	езда на велосипеде
☐	diving	дайвинг
☐	doping	допинг
☐	draw	рисовать
☐	dribble	вести мяч
☐	endurance	выносливость
☐	exercise	упражнение
☐	fair play	честная игра
☐	fan	фанат
☐	field	поле
☐	final	финальный
☐	fitness	физическая форма
☐	football	футбол
☐	foul	отвратительный
☐	game	игра
☐	gloves	перчатки
☐	goal	цель
☐	golf	гольф
☐	gym	спортзал
☐	gymnastics	гимнастика
☐	halftime	перерыв
☐	helmet	шлем

☐ hiking		пешие прогулки
☐ hockey		хоккей
☐ injury		травма
☐ jogging		бег трусцой
☐ lose		терять
☐ marathon		марафон
☐ martial arts		боевые искусства
☐ match		матч
☐ medal		медаль
☐ offside		вне игры
☐ opponent		противник
☐ overtime		сверхурочная работа
☐ pass		проходить
☐ penalty		штраф
☐ personal best		личный рекорд
☐ pilates		пилатес
☐ player		игрок
☐ point		пункт
☐ pool		бассейн
☐ practice		практика
☐ racket		ракетка
☐ record		запись
☐ recovery		выздоровление
☐ referee		судья
☐ relay		эстафета
☐ rugby		регби
☐ running		бег
☐ save		спасать
☐ score		счёт
☐ scoreboard		табло
☐ serve		подавать
☐ shoot		стрелять
☐ skating		катание на коньках
☐ skiing		катание на лыжах
☐ snowboarding		сноубординг
☐ soccer		футбол (амер.)
☐ spectator		зритель
☐ speed		скорость
☐ sport		спорт

☐ sportsmanship	честная игра
☐ sprint	мчаться
☐ stadium	стадион
☐ strength	сила
☐ stretch	растягивать
☐ stretching	растяжка
☐ surfing	сёрфинг
☐ swimming	плавание
☐ tackle	решать
☐ team	команда
☐ tennis	теннис
☐ timeout	тайм-аут
☐ tournament	турнир
☐ track	тропа
☐ training	обучение
☐ trophy	трофей
☐ uniform	форма
☐ volleyball	волейбол
☐ warm-up	разминка
☐ win	победить
☐ workout	тренировка
☐ wrestling	борьба
☐ yoga	йога