



Yet Another English

Спорт и игры

100 слов

с переводом и примерами

Слова подборки

active /'æktiv/ **B1**

активный

doing a lot of things; moving or working; taking part in activities

You need to stay active to keep healthy – try to exercise regularly.

Нужно оставаться активным, чтобы быть здоровым – старайтесь регулярно заниматься спортом.

arrow /'ærəʊ/ **B1**

стрела

a thin stick with a pointed end that is shot from a bow; a symbol pointing in a direction

Follow the arrows on the floor to find the exit.

Следуйте за стрелками на полу, чтобы найти выход.

athlete /'æθli:t/ **A2**

спортсмен

a person who is trained in or good at sports, especially running, jumping, or throwing

Olympic athletes train for years to compete at the highest level.

Олимпийские спортсмены годами тренируются, чтобы выступать на высшем уровне.

ball /bɔ:l/ **A1**

мяч

a round object used in games and sports

Kick the ball towards the goal.

Ударь мяч в сторону ворот.

balloon /bə'lu:n/ **A2**

воздушный шарик

A small colourful rubber bag that is filled with air and used as a decoration or toy

The children played with the colourful balloons at the party.

Дети играли с яркими воздушными шариками на вечеринке.

baseball /'beɪsbɔ:l/ **A1**

бейсбол

a sport played between two teams of nine players where you hit a ball with a bat and then run around four bases to score points

Baseball is the most popular sport in the United States.

Бейсбол – самый популярный вид спорта в США.

basketball /'bɑːskɪtbɔːl/ **A1**

баскетбол

A game played between two teams of five players who score points by throwing a ball through a high hoop

They played basketball every afternoon after school.

Они играли в баскетбол каждый день после школы.

bat /bæt/ **A1**

бита

A flat piece of wood used for hitting a ball in cricket or baseball.

He swung the bat and hit the ball far over the fence.

Он взмахнул битой и ударил мяч далеко за ограду.

beat /bi:t/ **B1**

побеждать

to win against someone in a competition; to hit something repeatedly

Our team beat the opponents 3–0 in the final.

Наша команда победила соперников 3:0 в финале.

bet /bet/ **B1**

делать ставку

To risk money on the result of a race, game, or competition

He bet fifty pounds on the horse.

Он поставил пятьдесят фунтов на эту лошадь.

bounce baʊns **B1**

прыгать

to move up and down after hitting a surface, or to make something do this

The ball bounced off the wall and hit the window.

Мяч отскочил от стены и ударил в окно.

bow /bəʊ/ **B1**

лук

a weapon used to shoot arrows, made of a curved piece of wood and a string

Robin Hood was famous for his skill with a bow and arrow.

Робин Гуд был знаменит своим мастерством владения луком и стрелами.

boxing 'bɒksɪŋ **B1**

бокс

a sport in which two people fight by hitting each other with their fists while wearing large padded gloves

He started boxing when he was twelve and went on to win several national titles.

Он начал заниматься боксом в двенадцать лет и впоследствии выиграл несколько национальных титулов.

captain /ˈkæptɪn/ **A2**

капитан

the person in charge of a ship, aircraft, or sports team

The captain announced that we would land in thirty minutes.

Капитан объявил, что мы приземлимся через тридцать минут.

catch /kætʃ/ **A1**

поймать

to stop and hold something that is moving through the air

She threw the ball and he caught it easily.

Она бросила мяч, и он легко его поймал.

champion /ˈtʃæmpiən/ **B1**

чемпион

A person or team that wins a competition or is the best in their sport

She became the world chess champion at the age of 22.

В возрасте 22 лет она стала чемпионом мира по шахматам.

championship /ˈtʃæmpiənʃɪp/ **A2**

чемпионат

a competition to find the best player or team in a particular sport

The team won the national championship for the third year in a row.

Команда выиграла национальный чемпионат третий год подряд.

chase /tʃeɪs/ **B1**

гнаться

To follow someone or something quickly in order to catch them.

The dog chased the ball across the park.

Собака погналась за мячом через весь парк.

chess /tʃes/ **A2**

шахматы

a board game for two players in which each player has 16 pieces that can be moved across a board in different ways

My grandfather taught me how to play chess when I was seven.

Дедушка научил меня играть в шахматы, когда мне было семь лет.

climb /klaɪm/ **A1**

карабкаться

To go up something using your hands and feet, or to go towards the top of something

The children love to climb trees.

Дети любят лазить по деревьям.

club /klʌb/ **A1**

клуб

an organisation or group of people who meet regularly for a shared activity or interest

She joined a reading club at school.

Она вступила в книжный клуб в школе.

coach /kəʊtʃ/ **A1**

тренер

A person who trains and teaches people in a sport.

The basketball coach gave the team some good advice.

Тренер по баскетболу дал команде дельный совет.

compete /kəm'pi:t/ **B1**

соревноваться

To try to win something or be more successful than others.

She will compete in the Olympics this summer.

Этим летом она будет выступать на Олимпиаде.

competition /ˌkɒmpɪ'tɪʃn/ **A2**

конкуренция

a situation in which people or organisations try to be more successful than others

There is fierce competition among the top companies.

Между ведущими компаниями идёт жёсткая конкуренция.

competitive /kəm'petɪtɪv/ **B1**

конкурентный

involving competition; wanting to be more successful than others

The job market is extremely competitive.

Рынок труда крайне конкурентен.

contest /'kɒntest/ **A1**

конкурс

a competition or fight to win something

She entered a writing contest and won first prize.

Она участвовала в конкурсе рассказов и завоевала первый приз.

crawl krɔ:l **B2**

ползти

to move on your hands and knees with your body close to the ground

The baby crawled across the floor towards her mother.

Малыш пополз по полу к маме.

defeat dɪ'fi:t (B1)

поражение

the fact of losing a battle, competition, or struggle

The team suffered a crushing defeat in the final.

Команда потерпела сокрушительное поражение в финале.

dive /daɪv/ (B1)

нырять

to jump into water with your head first, or to swim underwater

He dived off the cliff into the crystal-clear water below.

Он прыгнул со скалы в кристально чистую воду внизу.

exercise /'eksəsaɪz/ (A1)

упражнение

physical activity done to keep your body healthy

Regular exercise is important for your health.

Регулярная физическая нагрузка важна для здоровья.

fight faɪt (A1)

драться

To use physical force against someone; to argue or compete seriously

The two boys were fighting in the school playground.

Двое мальчиков дрались на школьном дворе.

fighter /'faɪtə/ (A2)

боец

A person who fights in a war or sports competition; someone who keeps trying despite difficulties.

She's a real fighter – she never gives up, no matter how hard things get.

Она настоящий боец – никогда не сдаётся, как бы тяжело ни было.

fighting /'faɪtɪŋ/ (B2)

борьба

the act of people or groups trying to hurt each other physically or at war

There was heavy fighting in the region for several weeks.

На протяжении нескольких недель в регионе шли тяжёлые бои.

fishing /'fɪʃɪŋ/ (A1)

рыбалка

the activity or sport of catching fish

My dad loves going fishing on weekends.

Мой папа любит ходить на рыбалку по выходным.

fit /fɪt/ **A2**

здоровый

in good physical health and condition; suitable for a purpose

You need to be physically fit to join the army.

Вам нужно быть физически здоровым, чтобы вступить в армию.

fitness /ˈfɪtnəs/ **B1**

физическая форма

the condition of being physically healthy and strong

Regular exercise is essential for maintaining good fitness.

Регулярные упражнения необходимы для поддержания хорошей физической формы.

football /ˈfʊtbɔːl/ **A1**

футбол

A popular game played by two teams of eleven players who kick a round ball to score goals (British English); or a game using an oval ball in American English.

My son plays football every Saturday.

Мой сын играет в футбол каждую субботу.

game geɪm **A1**

игра

an activity you do for fun that has rules and in which you try to win

Let's play a card game after dinner.

Давайте сыграем в карты после ужина.

goal /ɡəʊl/ **A1**

цель

something you want to achieve; the act of scoring in a sport

My goal is to learn Spanish by next year.

Моя цель — выучить испанский к следующему году.

golf /ɡɒlf/ **A2**

гольф

a game in which players use clubs to hit a small ball into holes in the ground

He plays golf every Sunday morning with his colleagues.

Он играет в гольф каждое воскресное утро со своими коллегами.

gym dʒɪm **B1**

спортзал

a room or building with equipment for physical exercise

She goes to the gym three times a week.

Она ходит в спортзал три раза в неделю.

hike /haɪk/ **A2**

поход

a long walk in the countryside, usually for pleasure or exercise

We went on a hike in the mountains last weekend.

В прошлые выходные мы отправились в поход в горы.

hit /hɪt/ **A2**

ударять

to touch something or someone forcefully with your hand or a weapon

The ball hit the window and broke it.

Мяч ударил в окно и разбил его.

hockey 'hɒki **A2**

хоккей

a game played on grass or ice by two teams using sticks to hit a ball or puck into the opposing team's goal

She plays hockey for the school team every Wednesday afternoon.

Она играет в хоккей за школьную команду каждую среду во второй половине дня.

hunting /'hʌntɪŋ/ **B2**

охота

the activity of chasing and killing wild animals or birds for food or sport

Hunting is a popular activity in many rural parts of the country.

Охота популярна во многих сельских районах страны.

jump /dʒʌmp/ **A1**

прыгать

To push yourself up into the air with your legs, or to move suddenly.

The children jumped into the pool.

Дети прыгнули в бассейн.

kick /kɪk/ **A1**

ударить ногой

To hit something with your foot.

The child kicked the ball across the yard.

Ребёнок ударил мячом через весь двор.

league /li:g/ **B1**

лига

a group of sports teams that compete against each other, or a group of people working together for a common purpose

Their team won the league this season.

В этом сезоне их команда выиграла лигу.

match /mætʃ/ **A1**

матч

a formal sports competition between two players or teams

Did you watch the football match last night?

Ты смотрел вчера футбольный матч?

medal /'medəl/ **A2**

медаль

A flat piece of metal given as a prize or to honour someone for something they have done

She won a gold medal at the Olympics.

Она выиграла золотую медаль на Олимпийских играх.

opponent /ə'pəʊnənt/ **B2**

противник

A person who competes against you or disagrees with your ideas or plans.

The champion defeated his opponent in the third round.

Чемпион победил соперника в третьем раунде.

participate /pɑː'tɪsɪpeɪt/ **B1**

участвовать

to take part in an activity or event

Everyone is encouraged to participate in the discussion.

Всем предлагается принять участие в обсуждении.

participation /pɑːtɪsɪ'peɪ.ʃən/ **B2**

участие

the act of taking part in an activity or event

Participation in the survey is voluntary.

Участие в опросе является добровольным.

pass /pɑːs/ **A2**

проходить

to go past or move to the other side of something

We passed the library on the way to school.

По дороге в школу мы прошли мимо библиотеки.

pitch /pɪtʃ/ **B2**

поле

an outdoor area of ground used for playing sports

The football pitch was muddy after the rain.

Футбольное поле было грязным после дождя.

play /pleɪ/ (A1)

играть

to do something for enjoyment, especially as a child

The children play in the garden every afternoon.

Дети играют в саду каждый день после обеда.

player 'pleɪə (A1)

игрок

a person who takes part in a game or sport

The best player on the team scored three goals in the final match.

Лучший игрок команды забил три гола в финальном матче.

pool /puːl/ (A1)

бассейн

a small area of still water, or a structure filled with water for swimming

The children spent the afternoon in the swimming pool.

Дети провели вторую половину дня в бассейне.

prize praɪz (B1)

приз

something given to someone who wins a competition, game, or award

She won first prize in the national poetry competition.

Она получила первый приз на национальном конкурсе поэзии.

race reɪs (B1)

гонка

a competition to see who can move fastest

He won the race easily.

Он легко выиграл гонку.

ran ræn (A1)

бежал

past tense of run; to move quickly using your legs

She ran to catch the bus.

Она побежала, чтобы успеть на автобус.

recreation /ˌrekri'eɪʃn/ (B2)

отдых

enjoyable activities that you do when you are not working

The park provides opportunities for outdoor recreation.

Парк предоставляет возможности для отдыха на свежем воздухе.

retreat rɪˈtri:t (B2)

отступать

To move back and away from a place, especially in order to escape from danger.

The enemy forces retreated after suffering heavy losses in the battle.

Силы противника отступили после тяжёлых потерь в сражении.

ride raɪd (A1)

ехать (верхом)

to sit on and control a horse, bicycle, or motorbike as it moves

She learned to ride a bicycle when she was five years old.

Она научилась кататься на велосипеде в пять лет.

rival /ˈraɪvəl/ (B2)

соперник

a person or group that competes against another person or group for the same thing

The two companies have been rivals for many years in the smartphone market.

Эти две компании много лет конкурируют на рынке смартфонов.

roll /rɒl/ (A2)

катиться

to move by turning in a circular motion; to move on wheels

The ball rolled down the hill and into the river.

Мяч покатился с холма и упал в реку.

rope /rəʊp/ (A2)

верёвка

A thick, strong cord made by twisting together many thinner strings.

The climbers used a rope to scale the cliff.

Альпинисты использовали верёвку, чтобы взобраться на скалу.

run /rʌn/ (A1)

бежать

to move quickly on foot

She runs every morning to stay fit.

Она бежит каждое утро, чтобы поддерживать форму.

runner /ˈrʌnə/ (A2)

бегун

a person who runs, especially as a sport or in a race

She is an experienced marathon runner who competes internationally.

Она опытная бегунья на марафонские дистанции, участвующая в международных соревнованиях.

running /ˈrʌnɪŋ/ **A2**

бег

the activity of moving fast on your feet for exercise or sport

Running every day keeps her healthy.

Ежедневный бег помогает ей оставаться здоровой.

score /skɔː/ **B1**

счёт

the number of points in a game or test

What was the final score of the match?

Каков был финальный счёт матча?

shield /ʃiːld/ **B2**

щит

A piece of metal, wood, or hard material used to protect the body in battle.

The knights carried shields to protect themselves.

Рыцари носили щиты для защиты.

shoot /ʃuːt/ **A2**

стрелять

To fire a weapon such as a gun at someone or something.

He shot an arrow at the target.

Он выстрелил стрелой в цель.

shot /ʃɒt/ **A2**

выстрел

the firing of a gun, or the sound it makes

I heard a shot in the distance.

Я услышал выстрел вдали.

soccer ˈsɒkə **A1**

футбол (амер.)

The sport of football played with a round ball between two teams of eleven players (mainly used in North America and some other countries)

Soccer is the most popular youth sport in the United States.

Футбол — самый популярный детский спорт в США.

spin /spɪn/ **B2**

вращаться

to turn round and round quickly; to make something do this

The Earth spins on its axis once every 24 hours.

Земля вращается вокруг своей оси раз в 24 часа.

sport spɔ:t (A1)

спорт

a physical activity or game that people do for fun or competition

Football is the most popular sport in the world.

Футбол — самый популярный вид спорта в мире.

sports /spɔ:ts/ (B1)

спорт

activities that involve physical exercise and skill, done for enjoyment or competition

He is very interested in sports and goes to the gym every day.

Он очень любит спорт и каждый день ходит в спортзал.

stadium 'sterdiəm (A2)

стадион

A large sports ground with rows of seats for spectators around it

The football stadium was packed with over sixty thousand fans.

Футбольный стадион был заполнен более чем шестьюдесятью тысячами болельщиков.

strike straɪk (A2)

ударять

To hit something or someone with force

Lightning struck the tree during the storm.

Молния ударила в дерево во время шторма.

surf /sɜ:f/ (A1)

серфить

to ride on waves in the sea on a surfboard; to look at different websites on the internet

We went surfing at the beach every morning during our holiday.

Каждое утро во время отпуска мы ходили на сёрфинг.

swim /swɪm/ (A1)

плавать

To move through water by moving parts of your body, especially your arms and legs

The children love to swim in the lake on summer afternoons.

Дети любят плавать в озере в летние послеполудни.

swimming /'swɪmɪŋ/ (A1)

плавание

the activity or sport of moving through water using your body

Swimming is a great way to stay fit and healthy.

Плавание — отличный способ оставаться в форме.

swing swɪŋ (B2)

качаться

To move smoothly backwards and forwards or from side to side while hanging from a fixed point.

The children were swinging on the rope tied to the old oak tree.

Дети качались на верёвке, привязанной к старому дубу.

sword /sɔ:d/ (B1)

меч

a weapon with a long sharp metal blade and a handle

The knight drew his sword and prepared to fight.

Рыцарь вытащил меч и приготовился к бою.

team ti:m (A1)

команда

a group of people who work or play together against another group

Our team won the football championship this year.

Наша команда выиграла чемпионат по футболу в этом году.

tennis /'tenɪs/ (A1)

теннис

A sport played by two or four people who hit a ball over a net using rackets

She has been playing tennis since she was eight years old.

Она играет в теннис с восьми лет.

threw θru: (A2)

бросил

past tense of throw; to send something through the air with force

She threw the ball to her friend.

Она бросила мяч своей подруге.

throw /θrəʊ/ (A1)

бросать

to send something through the air by moving your arm quickly

Can you throw me the ball? I'll catch it.

Ты можешь бросить мне мяч? Я поймаю.

toss tɒs (B1)

бросать

to throw something somewhere in a casual or careless way; to move or be moved up and down or from side to side

He tossed his keys onto the table when he got home and went straight to the sofa.

Он бросил ключи на стол, вернувшись домой, и сразу пошёл на диван.

tournament /'tʊənəmənt/ **B1**

турнир

a competition in which many players or teams compete against each other in a series of games to win a prize

They won the national basketball tournament for the third year in a row.

Они выиграли национальный баскетбольный турнир третий год подряд.

track træk **A2**

тропа

A path or rough road; a set of rails for a train; a recorded piece of music

We followed a narrow track through the forest.

Мы шли по узкой тропинке через лес.

trainer 'treɪnə **B2**

тренер

a person who teaches skills to people or animals; (British English) a soft sports shoe worn for exercising or casual use

Her personal trainer designed a fitness programme to help her lose weight.

Её личный тренер разработал фитнес-программу, чтобы помочь ей похудеть.

victory /'vɪktəri/ **B1**

победа

winning in a competition, war, or other struggle

The team celebrated their victory with a party.

Команда отметила свою победу вечеринкой.

volleyball /'vɒlibɔ:l/ **A1**

волейбол

a sport in which two teams hit a ball over a high net using their hands and try not to let the ball touch the ground

We play volleyball on the beach every summer.

Каждое лето мы играем в волейбол на пляже.

walk wɔ:k **A1**

ходить

To move forward by putting one foot in front of the other at a normal speed

We walked to the park after lunch.

После обеда мы пошли в парк пешком.

walking /'wɔ:kɪŋ/ **A2**

ходьба

the activity of going for walks, especially as exercise or for pleasure

Walking is one of the easiest forms of exercise.

Ходьба — одна из самых простых форм физических упражнений.

win /wɪn/ **A1**

победить

to be the best or first in a competition, game, or battle

Our team won the championship last year.

Наша команда выиграла чемпионат в прошлом году.

winner /ˈwɪnə/ **A2**

победитель

A person, team, or thing that wins a competition, prize, or argument

The winner of the baking competition received a trophy and a cash prize.

Победитель конкурса выпечки получил кубок и денежный приз.

yoga ˈjəʊgə **B1**

йога

A set of physical and mental exercises, originally from India, that involves holding particular body positions, breathing, and meditation

She does yoga every morning to stay flexible and calm.

Она занимается йогой каждое утро, чтобы оставаться гибкой и спокойной.

Чек-лист самопроверки

Закрой правую колонку, вспомни перевод — отметь выученное.

☐	active	активный
☐	arrow	стрела
☐	athlete	спортсмен
☐	ball	мяч
☐	balloon	воздушный шарик
☐	baseball	бейсбол
☐	basketball	баскетбол
☐	bat	бита
☐	beat	побеждать
☐	bet	делать ставку
☐	bounce	прыгать
☐	bow	лук
☐	boxing	бокс
☐	captain	капитан
☐	catch	поймать
☐	champion	чемпион
☐	championship	чемпионат
☐	chase	гнаться
☐	chess	шахматы
☐	climb	карабкаться
☐	club	клуб
☐	coach	тренер
☐	compete	соревноваться
☐	competition	конкуренция
☐	competitive	конкурентный
☐	contest	конкурс
☐	crawl	ползти
☐	defeat	поражение
☐	dive	нырять
☐	exercise	упражнение
☐	fight	драться
☐	fighter	боец
☐	fighting	борьба
☐	fishing	рыбалка
☐	fit	здоровый
☐	fitness	физическая форма

☐ football	футбол
☐ game	игра
☐ goal	цель
☐ golf	гольф
☐ gym	спортзал
☐ hike	поход
☐ hit	ударять
☐ hockey	хоккей
☐ hunting	охота
☐ jump	прыгать
☐ kick	ударить ногой
☐ league	лига
☐ match	матч
☐ medal	медаль
☐ opponent	противник
☐ participate	участвовать
☐ participation	участие
☐ pass	проходить
☐ pitch	поле
☐ play	играть
☐ player	игрок
☐ pool	бассейн
☐ prize	приз
☐ race	гонка
☐ ran	бежал
☐ recreation	отдых
☐ retreat	отступать
☐ ride	ехать (верхом)
☐ rival	соперник
☐ roll	катиться
☐ rope	верёвка
☐ run	бежать
☐ runner	бегун
☐ running	бег
☐ score	счёт
☐ shield	щит
☐ shoot	стрелять
☐ shot	выстрел
☐ soccer	футбол (амер.)

☐	spin		вращаться
☐	sport		спорт
☐	sports		спорт
☐	stadium		стадион
☐	strike		ударять
☐	surf		серфить
☐	swim		плавать
☐	swimming		плавание
☐	swing		качаться
☐	sword		меч
☐	team		команда
☐	tennis		теннис
☐	threw		бросил
☐	throw		бросать
☐	toss		бросать
☐	tournament		турнир
☐	track		тропа
☐	trainer		тренер
☐	victory		победа
☐	volleyball		волейбол
☐	walk		ходить
☐	walking		ходьба
☐	win		победить
☐	winner		победитель
☐	yoga		йога