



Yet Another English

Спорт и игры · сущ.

100 слов

с переводом и примерами

Слова подборки

arena /əˈri:nə/ **B2**

арена

A large enclosed area used for sports events or concerts, usually with seats around it

The concert was held in a huge arena that could hold fifty thousand people.

Концерт прошёл на огромной арене, вмещающей пятьдесят тысяч человек.

arrow /ˈærəʊ/ **B1**

стрела

a thin stick with a pointed end that is shot from a bow; a symbol pointing in a direction

Follow the arrows on the floor to find the exit.

Следуйте за стрелками на полу, чтобы найти выход.

athlete /ˈæθli:t/ **A2**

спортсмен

a person who is trained in or good at sports, especially running, jumping, or throwing

Olympic athletes train for years to compete at the highest level.

Олимпийские спортсмены годами тренируются, чтобы выступать на высшем уровне.

athletics æθˈletiks **B2**

лёгкая атлетика

(British English) Sports involving running, jumping, and throwing, such as sprinting, long jump, and shot put; (US English) organized sports in general

She has been training in athletics since the age of ten and now competes at national level.

Она занимается лёгкой атлетикой с десяти лет и сейчас выступает на национальном уровне.

ball /bɔ:l/ **A1**

мяч

a round object used in games and sports

Kick the ball towards the goal.

Ударь мяч в сторону ворот.

balloon /bəˈlu:n/ **A2**

воздушный шарик

A small colourful rubber bag that is filled with air and used as a decoration or toy

The children played with the colourful balloons at the party.

Дети играли с яркими воздушными шариками на вечеринке.

baseball /ˈbeɪsbɔːl/ **A1**

бейсбол

a sport played between two teams of nine players where you hit a ball with a bat and then run around four bases to score points

Baseball is the most popular sport in the United States.

Бейсбол — самый популярный вид спорта в США.

basketball /ˈbɑːskɪtbɔːl/ **A1**

баскетбол

A game played between two teams of five players who score points by throwing a ball through a high hoop

They played basketball every afternoon after school.

Они играли в баскетбол каждый день после школы.

bat /bæt/ **A1**

бита

A flat piece of wood used for hitting a ball in cricket or baseball.

He swung the bat and hit the ball far over the fence.

Он взмахнул битой и ударил мяч далеко за ограду.

bow /bəʊ/ **B1**

лук

a weapon used to shoot arrows, made of a curved piece of wood and a string

Robin Hood was famous for his skill with a bow and arrow.

Робин Гуд был знаменит своим мастерством владения луком и стрелами.

boxing ˈbɒksɪŋ **B1**

бокс

a sport in which two people fight by hitting each other with their fists while wearing large padded gloves

He started boxing when he was twelve and went on to win several national titles.

Он начал заниматься боксом в двенадцать лет и впоследствии выиграл несколько национальных титулов.

captain /ˈkæptɪn/ **A2**

капитан

the person in charge of a ship, aircraft, or sports team

The captain announced that we would land in thirty minutes.

Капитан объявил, что мы приземлимся через тридцать минут.

champion /ˈtʃæmpɪən/ **B1**

чемпион

A person or team that wins a competition or is the best in their sport

She became the world chess champion at the age of 22.

В возрасте 22 лет она стала чемпионом мира по шахматам.

championship /ˈtʃæmpɪənʃɪp/ A2

чемпионат

a competition to find the best player or team in a particular sport

The team won the national championship for the third year in a row.

Команда выиграла национальный чемпионат третий год подряд.

chess /tʃes/ A2

шахматы

a board game for two players in which each player has 16 pieces that can be moved across a board in different ways

My grandfather taught me how to play chess when I was seven.

Дедушка научил меня играть в шахматы, когда мне было семь лет.

climber /ˈklaɪmə/ B1

альпинист

a person who climbs mountains or rocks as a sport or activity

The climber reached the summit after three days of difficult ascent.

Альпинист достиг вершины после трёх дней сложного подъёма.

climbing /ˈklaɪmɪŋ/ A2

скалолазание

The sport or activity of going up mountains, rocks, or artificial walls

Rock climbing is a popular sport that requires both strength and mental focus.

Скалолазание — популярный вид спорта, требующий как физической силы, так и умственной концентрации.

club /klʌb/ A1

клуб

an organisation or group of people who meet regularly for a shared activity or interest

She joined a reading club at school.

Она вступила в книжный клуб в школе.

coach /kəʊtʃ/ A1

тренер

A person who trains and teaches people in a sport.

The basketball coach gave the team some good advice.

Тренер по баскетболу дал команде дельный совет.

coaching /ˈkəʊtʃɪŋ/ B2

коучинг

the activity of giving someone training and advice to improve their skills or performance

She hired a personal coaching service to help with her business skills.

Она наняла персонального коуча для развития деловых навыков.

competition /ˌkɒmpɪˈtɪʃn/ A2

конкуренция

a situation in which people or organisations try to be more successful than others

There is fierce competition among the top companies.

Между ведущими компаниями идёт жёсткая конкуренция.

competitor kəmˈpetɪtə B1

конкурент

a person, team, or company that competes against others

Our main competitor has just launched a similar product.

Наш главный конкурент только что выпустил похожий продукт.

contest /ˈkɒntest/ A1

конкурс

a competition or fight to win something

She entered a writing contest and won first prize.

Она участвовала в конкурсе рассказов и завоевала первый приз.

cricket /ˈkrɪkɪt/ A2

крикет

a game played on a grass field by two teams of eleven players using a bat and ball

England and Australia have a famous cricket rivalry.

У Англии и Австралии знаменитое соперничество в крикете.

cycling ˈsaɪklɪŋ A2

езда на велосипеде

The activity or sport of riding a bicycle

Cycling to work every day is a great way to stay fit and save money.

Ездить на работу на велосипеде каждый день — отличный способ поддерживать форму и экономить деньги.

cyclist ˈsaɪklɪst/ B2

велосипедист

A person who rides a bicycle, either as a sport or as a means of transport.

The city built new lanes to make roads safer for cyclists.

Город построил новые полосы, чтобы сделать дороги безопаснее для велосипедистов.

defeat dɪˈfi:t B1

поражение

the fact of losing a battle, competition, or struggle

The team suffered a crushing defeat in the final.

Команда потерпела сокрушительное поражение в финале.

defender /dɪ'fɛn.dər/ **B1**

защитник

A person who protects or supports someone or something

She became a passionate defender of human rights after witnessing injustice firsthand.

Она стала страстным защитником прав человека, лично столкнувшись с несправедливостью.

diver 'daɪvə **B1**

ныряльщик

a person who swims or works underwater, usually with special equipment; also someone who jumps into water from a high position

The diver explored the coral reef and photographed many tropical fish.

Дайвер исследовал коралловый риф и сфотографировал множество тропических рыб.

diving /'daɪ.vɪŋ/ **B1**

дайвинг

The sport or activity of swimming or jumping into water, especially underwater with breathing equipment

She learned scuba diving on her holiday in Thailand and loved exploring coral reefs.

На каникулах в Таиланде она научилась подводному плаванию и полюбила исследовать коралловые рифы.

endurance ɪn'dʒʊərəns **B2**

выносливость

the ability to continue doing something difficult, painful, or unpleasant for a long time

Marathon running requires great physical endurance.

Марафонский бег требует большой физической выносливости.

exercise /'eksəsaɪz/ **A1**

упражнение

physical activity done to keep your body healthy

Regular exercise is important for your health.

Регулярная физическая нагрузка важна для здоровья.

fighter /'faɪtə/ **A2**

боец

A person who fights in a war or sports competition; someone who keeps trying despite difficulties.

She's a real fighter — she never gives up, no matter how hard things get.

Она настоящий боец — никогда не сдаётся, как бы тяжело ни было.

fighting /'faɪtɪŋ/ **B2**

борьба

the act of people or groups trying to hurt each other physically or at war

There was heavy fighting in the region for several weeks.

На протяжении нескольких недель в регионе шли тяжёлые бои.

fishing /'fɪʃɪŋ/ **A1**

рыбалка

the activity or sport of catching fish

My dad loves going fishing on weekends.

Мой папа любит ходить на рыбалку по выходным.

fitness /'fɪtnəs/ **B1**

физическая форма

the condition of being physically healthy and strong

Regular exercise is essential for maintaining good fitness.

Регулярные упражнения необходимы для поддержания хорошей физической формы.

football /'fʊtbɔːl/ **A1**

футбол

A popular game played by two teams of eleven players who kick a round ball to score goals (British English); or a game using an oval ball in American English.

My son plays football every Saturday.

Мой сын играет в футбол каждую субботу.

game geɪm **A1**

игра

an activity you do for fun that has rules and in which you try to win

Let's play a card game after dinner.

Давайте сыграем в карты после ужина.

goal /ɡəʊl/ **A1**

цель

something you want to achieve; the act of scoring in a sport

My goal is to learn Spanish by next year.

Моя цель — выучить испанский к следующему году.

golf /ɡɒlf/ **A2**

гольф

a game in which players use clubs to hit a small ball into holes in the ground

He plays golf every Sunday morning with his colleagues.

Он играет в гольф каждое воскресное утро со своими коллегами.

gym dʒɪm **B1**

спортзал

a room or building with equipment for physical exercise

She goes to the gym three times a week.

Она ходит в спортзал три раза в неделю.

helmet 'hɛlmɪt B1

шлем

A hard hat worn to protect the head from injury, used in sports, construction, or by soldiers

Always wear a helmet when riding a bike or motorcycle.

Всегда надевайте шлем при езде на велосипеде или мотоцикле.

hike /haɪk/ A2

поход

a long walk in the countryside, usually for pleasure or exercise

We went on a hike in the mountains last weekend.

В прошлые выходные мы отправились в поход в горы.

hiking 'haɪkɪŋ A2

пешие прогулки

the activity of going on long walks in the countryside or mountains

We went hiking in the mountains last summer.

Прошлым летом мы ходили в горные походы.

hockey 'hɒki A2

хоккей

a game played on grass or ice by two teams using sticks to hit a ball or puck into the opposing team's goal

She plays hockey for the school team every Wednesday afternoon.

Она играет в хоккей за школьную команду каждую среду во второй половине дня.

hunting 'hʌntɪŋ/ B2

охота

the activity of chasing and killing wild animals or birds for food or sport

Hunting is a popular activity in many rural parts of the country.

Охота популярна во многих сельских районах страны.

jogging 'dʒɒɡɪŋ B1

бег трусцой

The activity of running slowly and steadily, especially as a form of exercise

He goes jogging in the park every morning before work.

Каждое утро перед работой он бежит трусцой в парке.

kite kɑɪt A1

воздушный змей

a light frame covered with paper or cloth that you fly in the air on the end of a long string

The children flew their kites in the park on the windy spring afternoon.

Дети запускали воздушных змеев в парке ветреным весенним днём.

league /li:g/ **B1**

лига

a group of sports teams that compete against each other, or a group of people working together for a common purpose

Their team won the league this season.

В этом сезоне их команда выиграла лигу.

marathon 'mæɾəθən **B2**

марафон

a running race of about 42 kilometres

She trained for six months to run the London Marathon.

Шесть месяцев она готовилась к Лондонскому марафону.

match /mætʃ/ **A1**

матч

a formal sports competition between two players or teams

Did you watch the football match last night?

Ты смотрел вчера футбольный матч?

medal /'medəl/ **A2**

медаль

A flat piece of metal given as a prize or to honour someone for something they have done

She won a gold medal at the Olympics.

Она выиграла золотую медаль на Олимпийских играх.

olympics ə'lɪmpɪks **A1**

Олимпийские игры

the international sports competition held every four years, where athletes from many countries compete

She trained for years to compete in the Olympics.

Она тренировалась годами, чтобы выступить на Олимпийских играх.

opponent /ə'pəʊnənt/ **B2**

противник

A person who competes against you or disagrees with your ideas or plans.

The champion defeated his opponent in the third round.

Чемпион победил соперника в третьем раунде.

paddle /'pædəl/ **B1**

весло

a short pole with a flat blade at one end or both ends, used to move a small boat through water

She paddled the kayak with a double-bladed paddle.

Она гребла в каяке двусторонним веслом.

parachute /'pærəfu:t/ **B1**

парашют

a large piece of fabric that opens up and allows a person to fall slowly and safely from an aircraft

The soldier jumped from the plane and opened his parachute.

Солдат прыгнул с самолёта и раскрыл парашют.

participation /pɑːtɪs.ɪ'peɪ.ʃən/ **B2**

участие

the act of taking part in an activity or event

Participation in the survey is voluntary.

Участие в опросе является добровольным.

pitch /pɪtʃ/ **B2**

поле

an outdoor area of ground used for playing sports

The football pitch was muddy after the rain.

Футбольное поле было грязным после дождя.

player 'pleɪə **A1**

игрок

a person who takes part in a game or sport

The best player on the team scored three goals in the final match.

Лучший игрок команды забил три гола в финальном матче.

playground 'pleɪgraʊnd **A2**

игровая площадка

An outdoor area with equipment for children to play on, especially in a school or park

The children spent their break time running around the school playground.

Дети провели перемену, бегая по школьной игровой площадке.

pool /puːl/ **A1**

бассейн

a small area of still water, or a structure filled with water for swimming

The children spent the afternoon in the swimming pool.

Дети провели вторую половину дня в бассейне.

prize praɪz **B1**

приз

something given to someone who wins a competition, game, or award

She won first prize in the national poetry competition.

Она получила первый приз на национальном конкурсе поэзии.

puzzle /'pʌz.əl/ **B1**

головоломка

A game or toy that you have to think about carefully in order to solve or complete it

She spent the whole afternoon working on a 1000-piece jigsaw puzzle.

Она провела весь послеполудни за сборкой пазла из 1000 деталей.

race reɪs **B1**

гонка

a competition to see who can move fastest

He won the race easily.

Он легко выиграл гонку.

recreation /ˌrekri'eɪʃn/ **B2**

отдых

enjoyable activities that you do when you are not working

The park provides opportunities for outdoor recreation.

Парк предоставляет возможности для отдыха на свежем воздухе.

referee ˌrefə'riː **B1**

судья

an official in some sports who makes sure players obey the rules

The referee blew his whistle to end the match.

Судья свистнул, чтобы закончить матч.

rider /'raɪdər/ **B2**

всадник

A person who rides a horse, bicycle, or motorcycle

The rider guided his horse along the narrow mountain path.

Всадник направил коня по узкой горной тропе.

rival /'raɪvəl/ **B2**

соперник

a person or group that competes against another person or group for the same thing

The two companies have been rivals for many years in the smartphone market.

Эти две компании много лет конкурируют на рынке смартфонов.

rope /rəʊp/ **A2**

верёвка

A thick, strong cord made by twisting together many thinner strings.

The climbers used a rope to scale the cliff.

Альпинисты использовали верёвку, чтобы взобраться на скалу.

rugby /ˈrʌɡbi/ (A2)

регби

a team sport played with an oval ball in which players can carry, pass, and kick the ball to score points

He plays rugby every Saturday with his local club.

Каждую субботу он играет в регби со своим местным клубом.

runner /ˈrʌnə/ (A2)

бегун

a person who runs, especially as a sport or in a race

She is an experienced marathon runner who competes internationally.

Она опытная бегунья на марафонские дистанции, участвующая в международных соревнованиях.

sailing /ˈseɪ.lɪŋ/ (A2)

парусный спорт

the sport or activity of travelling on water in a boat with sails

We went sailing on the lake every summer.

Каждое лето мы ходили под парусом по озеру.

score /skɔː/ (B1)

счёт

the number of points in a game or test

What was the final score of the match?

Каков был финальный счёт матча?

shield /ʃiːld/ (B2)

щит

A piece of metal, wood, or hard material used to protect the body in battle.

The knights carried shields to protect themselves.

Рыцари носили щиты для защиты.

shot /ʃɒt/ (A2)

выстрел

the firing of a gun, or the sound it makes

I heard a shot in the distance.

Я услышал выстрел вдали.

skiing /ˈskiːɪŋ/ (A2)

катание на лыжах

the sport or activity of moving over snow on skis

We go skiing every winter in Austria.

Каждую зиму мы едем кататься на лыжах в Австрию.

soccer 'sɒkə (A1)

футбол (амер.)

The sport of football played with a round ball between two teams of eleven players (mainly used in North America and some other countries)

Soccer is the most popular youth sport in the United States.

Футбол – самый популярный детский спорт в США.

spectator spek'teɪtə (B1)

зритель

a person who watches an event, game, or show without taking part

Thousands of spectators gathered to watch the race.

Тысячи зрителей собрались, чтобы посмотреть на гонку.

sport spɔ:t (A1)

спорт

a physical activity or game that people do for fun or competition

Football is the most popular sport in the world.

Футбол – самый популярный вид спорта в мире.

sports /spɔ:ts/ (B1)

спорт

activities that involve physical exercise and skill, done for enjoyment or competition

He is very interested in sports and goes to the gym every day.

Он очень любит спорт и каждый день ходит в спортзал.

squad /skwɒd/ (B2)

команда

A small group of people who work together as a team, especially in sport, the police, or the army

The national football squad was announced ahead of the World Cup qualifying matches.

Состав национальной сборной по футболу был объявлен накануне отборочных матчей Чемпионата мира.

stadium 'stɛrdiəm (A2)

стадион

A large sports ground with rows of seats for spectators around it

The football stadium was packed with over sixty thousand fans.

Футбольный стадион был заполнен более чем шестьюдесятью тысячами болельщиков.

surfing 'sɜ:fɪŋ (A2)

сёрфинг

The sport or activity of riding waves on a surfboard

They went surfing every day during their holiday in Hawaii.

Во время отпуска на Гавайях они каждый день занимались сёрфингом.

swimmer 'swɪmə (B1)

пловец

A person who swims, especially one who swims well or competitively

She was an excellent swimmer who won many competitions.

Она была отличной пловчихой и выигрывала много соревнований.

swimming /'swɪmɪŋ/ (A1)

плавание

the activity or sport of moving through water using your body

Swimming is a great way to stay fit and healthy.

Плавание — отличный способ оставаться в форме.

sword /sɔ:d/ (B1)

меч

a weapon with a long sharp metal blade and a handle

The knight drew his sword and prepared to fight.

Рыцарь вытащил меч и приготовился к бою.

team ti:m (A1)

команда

a group of people who work or play together against another group

Our team won the football championship this year.

Наша команда выиграла чемпионат по футболу в этом году.

teammate /'ti:mmeɪt/ (B1)

партнёр по команде

A person who is on the same team as you, in sport or at work.

He passed the ball to his teammate, who scored the winning goal.

Он передал мяч партнёру по команде, который забил победный гол.

tennis /'tenɪs/ (A1)

теннис

A sport played by two or four people who hit a ball over a net using rackets

She has been playing tennis since she was eight years old.

Она играет в теннис с восьми лет.

tournament /'tʊənəmənt/ (B1)

турнир

a competition in which many players or teams compete against each other in a series of games to win a prize

They won the national basketball tournament for the third year in a row.

Они выиграли национальный баскетбольный турнир третий год подряд.

track træk **A2**

тропа

A path or rough road; a set of rails for a train; a recorded piece of music

We followed a narrow track through the forest.

Мы шли по узкой тропинке через лес.

trainer 'treɪnə **B2**

тренер

a person who teaches skills to people or animals; (British English) a soft sports shoe worn for exercising or casual use

Her personal trainer designed a fitness programme to help her lose weight.

Её личный тренер разработал фитнес-программу, чтобы помочь ей похудеть.

trophy 'trəʊfi **B2**

трофей

a prize given to the winner of a competition, usually a large cup or shield

The team won the trophy for the third year in a row.

Команда выиграла кубок три года подряд.

victory /'vɪktəri/ **B1**

победа

winning in a competition, war, or other struggle

The team celebrated their victory with a party.

Команда отметила свою победу вечеринкой.

volleyball /'vɒlɪbɔ:l/ **A1**

волейбол

a sport in which two teams hit a ball over a high net using their hands and try not to let the ball touch the ground

We play volleyball on the beach every summer.

Каждое лето мы играем в волейбол на пляже.

walker /'wɔ:kə/ **B2**

пешеход

a person who walks, especially for exercise or pleasure; a person who goes on hikes

The footpath through the woods is popular with walkers at the weekend.

В выходные дни эта тропа через лес пользуется популярностью у любителей пеших прогулок.

walking /'wɔ:kɪŋ/ **A2**

ходьба

the activity of going for walks, especially as exercise or for pleasure

Walking is one of the easiest forms of exercise.

Ходьба — одна из самых простых форм физических упражнений.

winner /ˈwɪnə/ **A2**

победитель

A person, team, or thing that wins a competition, prize, or argument

The winner of the baking competition received a trophy and a cash prize.

Победитель конкурса выпечки получил кубок и денежный приз.

workout /ˈwɜːk.aʊt/ **B1**

тренировка

a period of physical exercise or training

She goes to the gym for a workout every morning before work.

Каждое утро перед работой она ходит в спортзал на тренировку.

yoga ˈjəʊgə **B1**

йога

A set of physical and mental exercises, originally from India, that involves holding particular body positions, breathing, and meditation

She does yoga every morning to stay flexible and calm.

Она занимается йогой каждое утро, чтобы оставаться гибкой и спокойной.

Чек-лист самопроверки

Закрой правую колонку, вспомни перевод — отметь выученное.

☐ arena	арена
☐ arrow	стрела
☐ athlete	спортсмен
☐ athletics	лёгкая атлетика
☐ ball	мяч
☐ balloon	воздушный шарик
☐ baseball	бейсбол
☐ basketball	баскетбол
☐ bat	бита
☐ bow	лук
☐ boxing	бокс
☐ captain	капитан
☐ champion	чемпион
☐ championship	чемпионат
☐ chess	шахматы
☐ climber	альпинист
☐ climbing	скалолазание
☐ club	клуб
☐ coach	тренер
☐ coaching	коучинг
☐ competition	конкуренция
☐ competitor	конкурент
☐ contest	конкурс
☐ cricket	крикет
☐ cycling	езда на велосипеде
☐ cyclist	велосипедист
☐ defeat	поражение
☐ defender	защитник
☐ diver	ныряльщик
☐ diving	дайвинг
☐ endurance	выносливость
☐ exercise	упражнение
☐ fighter	боец
☐ fighting	борьба
☐ fishing	рыбалка
☐ fitness	физическая форма

☐ football	футбол
☐ game	игра
☐ goal	цель
☐ golf	гольф
☐ gym	спортзал
☐ helmet	шлем
☐ hike	поход
☐ hiking	пешие прогулки
☐ hockey	хоккей
☐ hunting	охота
☐ jogging	бег трусцой
☐ kite	воздушный змей
☐ league	лига
☐ marathon	марафон
☐ match	матч
☐ medal	медаль
☐ olympics	Олимпийские игры
☐ opponent	противник
☐ paddle	весло
☐ parachute	парашют
☐ participation	участие
☐ pitch	поле
☐ player	игрок
☐ playground	игровая площадка
☐ pool	бассейн
☐ prize	приз
☐ puzzle	головоломка
☐ race	гонка
☐ recreation	отдых
☐ referee	судья
☐ rider	всадник
☐ rival	соперник
☐ rope	верёвка
☐ rugby	регби
☐ runner	бегун
☐ sailing	парусный спорт
☐ score	счёт
☐ shield	щит
☐ shot	выстрел

☐	skiing	катание на лыжах
☐	soccer	футбол (амер.)
☐	spectator	зритель
☐	sport	спорт
☐	sports	спорт
☐	squad	команда
☐	stadium	стадион
☐	surfing	сёрфинг
☐	swimmer	пловец
☐	swimming	плавание
☐	sword	меч
☐	team	команда
☐	teammate	партнёр по команде
☐	tennis	теннис
☐	tournament	турнир
☐	track	тропа
☐	trainer	тренер
☐	trophy	трофей
☐	victory	победа
☐	volleyball	волейбол
☐	walker	пешеход
☐	walking	ходьба
☐	winner	победитель
☐	workout	тренировка
☐	yoga	йога