



Yet Another English

Еда и напитки • сущ.

100 слов

с переводом и примерами

Слова подборки

alcohol 'ælkəhɒl (B1)

алкоголь

Drinks such as beer, wine, and spirits that can make you drunk; the chemical substance in these drinks

He doesn't drink alcohol for health reasons.

Он не пьёт алкоголь по состоянию здоровья.

apple 'æpəl (A1)

яблоко

a round fruit with red, yellow, or green skin and white flesh

She ate an apple every morning for breakfast.

Каждое утро она ела яблоко на завтрак.

bacon /'beɪkən/ (B1)

бекон

strips of salted or smoked pork, usually eaten fried

He had eggs and bacon for breakfast every morning.

Каждое утро он завтракал яйцами с беконом.

banana /bə'nɑ:nə/ (A1)

банан

a long curved yellow fruit with soft flesh inside

She peeled a banana and ate it on the way to school.

Она очистила банан и съела его по дороге в школу.

bar /bɑ:/ (A1)

бар

a place where you can buy and drink alcohol and other drinks

We met at a bar after work.

Мы встретились в баре после работы.

bean /bi:n/ (A1)

боб

A seed from various plants, eaten as a vegetable; also the plant itself

She added kidney beans to the chilli.

Она добавила красную фасоль в чили.

beef /bi:f/ (A1)

говядина

the meat of a cow, used as food

I ordered a beef burger with cheese and salad.

Я заказал бургер с говядиной, сыром и салатом.

beer /bɪə/ **A2**

пиво

an alcoholic drink made from grain, especially barley, with hops added for flavour

Would you like a beer or would you prefer something non-alcoholic?

Хотите пива или предпочтёте что-нибудь безалкогольное?

bowl /bəʊl/ **A1**

миска

a round deep dish used for soup, cereal, or mixing food

She filled a bowl with hot soup and brought it to him.

Она наполнила миску горячим супом и принесла ему.

bread /bred/ **A1**

хлеб

a common food made from flour, water, and usually yeast, baked in an oven

She bought a loaf of bread at the bakery.

Она купила буханку хлеба в булочной.

breakfast 'brekfəst **A1**

завтрак

the first meal of the day, eaten in the morning

I usually have cereal and orange juice for breakfast.

На завтрак я обычно ем хлопья и пью апельсиновый сок.

burger 'bɜːɡə **A1**

бургер

a flat round piece of minced meat cooked and served in a bread roll

Let's go get a burger for lunch.

Давай возьмём бургер на обед.

butter /'bʌtə/ **A1**

масло

a soft yellow food made from cream, used for spreading on bread or cooking

She spread butter on her toast for breakfast.

Она намазала масло на тост на завтрак.

cafe /'kæfeɪ/ **A1**

кафе

a small restaurant or coffee shop where you can buy drinks and light meals

We met for coffee at a little cafe near the station.

Мы встретились за кофе в небольшом кафе рядом со станцией.

cake /keɪk/ **A1**

торт

a sweet food made by baking a mixture of flour, eggs, butter, and sugar

She baked a beautiful chocolate cake for his birthday.

Она испекла прекрасный шоколадный торт на его день рождения.

candy /'kændi/ **A1**

конфета

Sweet food made from sugar, used especially in American English; a piece of such food.

The children collected candy when they went trick-or-treating on Halloween.

На Хэллоуин дети собирали конфеты, ходя по домам.

carrot /'kærət/ **A2**

морковь

a long thin orange vegetable that grows underground

She chopped carrots and potatoes for the stew.

Она нарезала морковь и картошку для тушёного блюда.

cheese tʃiːz **A1**

сыр

a solid or soft food made from milk

She put some cheese and crackers on a plate for the guests.

Она положила на тарелку для гостей немного сыра и крекеров.

chef ʃef **A2**

шеф-повар

a professional cook, especially the main cook in a restaurant or hotel

The chef at this restaurant trained in Paris for three years.

Шеф-повар этого ресторана три года проходил обучение в Париже.

chicken /'tʃɪkɪn/ **A1**

курица

a common farm bird raised for its eggs and meat; the meat of this bird

We had roast chicken with vegetables for Sunday dinner.

На воскресный обед у нас была жареная курица с овощами.

chip /tʃɪp/ **B2**

картофель фри

(British English) a thin piece of fried potato; (American English) a thin, crispy slice of fried potato

Fish and chips is a traditional British meal.

Рыба с картошкой фри — традиционное британское блюдо.

chocolate /ˈtʃɒklət/ **A1**

шоколад

A sweet brown food made from cocoa beans, eaten as a sweet or used in cooking

She gave me a box of chocolates for my birthday.

Она подарила мне коробку шоколадных конфет на день рождения.

coffee /ˈkɒfi/ **A1**

кофе

a hot brown drink made from roasted ground beans

Would you like a cup of coffee?

Хотите чашку кофе?

coke /kəʊk/ **A1**

кола

a short informal word for Coca-Cola or cola soft drink

Can I have a burger and a coke, please?

Можно мне бургер и колу, пожалуйста?

cookie /ˈkʊki/ **A1**

печенье

a small flat sweet cake that is crisp and dry (American English)

She baked chocolate chip cookies for the school sale.

Она испекла печенье с шоколадной крошкой для школярской ярмарки.

cooking ˈkʊkɪŋ **A2**

готовка

the activity of preparing food by using heat

She enjoys cooking and often tries new recipes at the weekend.

Она любит готовить и часто пробует новые рецепты в выходные.

corn /kɔːn/ **A1**

кукуруза

a tall plant with large yellow seeds that are eaten as food

They grow corn in this region.

В этом регионе выращивают кукурузу.

cream /kriːm/ **A1**

сливки

the thick white fatty liquid that rises to the top of milk, used in cooking or on desserts

Would you like cream in your coffee?

Вы хотите сливки в кофе?

crop /krɒp/ **B1**

культура

a plant such as wheat or vegetables grown on a farm; the amount harvested

Farmers in the region grow crops like wheat, corn, and soybeans.

Фермеры в этом регионе выращивают такие культуры, как пшеница, кукуруза и соя.

cup /kʌp/ **A1**

чашка

a small round container with a handle, used for drinking hot drinks

Can I have a cup of tea, please?

Можно мне чашку чая, пожалуйста?

dessert dɪ'zɜ:t **A2**

десерт

sweet food eaten at the end of a meal

We had chocolate cake for dessert.

На десерт у нас был шоколадный торт.

diet /'daɪət/ **A2**

диета

the food that a person or animal regularly eats; also a special eating plan to lose weight

A healthy diet includes plenty of fruit and vegetables.

Здоровый рацион включает много фруктов и овощей.

dinner /'dɪnə/ **A1**

ужин

the main meal of the day, usually eaten in the evening

What shall we have for dinner?

Что у нас на ужин?

dish /dɪʃ/ **A1**

блюдо

A flat container used for cooking or serving food

She put the salad in a large dish.

Она положила салат в большую миску.

egg /eg/ **A1**

яйцо

a round object with a hard shell produced by a female bird or other animal, used as food

I eat two eggs for breakfast every morning.

Я ем два яйца на завтрак каждое утро.

farm /fɑ:m/ (A1)

ферма

an area of land and buildings where people grow crops and raise animals for food

My grandparents lived on a small farm in the countryside.

Мои бабушка и дедушка жили на небольшой ферме в деревне.

farming /ˈfɑ:mɪŋ/ (B1)

фермерство

the activity of growing crops or keeping animals for food

Organic farming avoids the use of chemical pesticides.

Органическое земледелие избегает использования химических пестицидов.

feast /fi:st/ (B1)

пир

A large and special meal, often eaten to celebrate something

The family enjoyed a feast to celebrate the harvest.

Семья отпраздновала сбор урожая за праздничным столом.

fiber /ˈfaɪbə/ (B2)

клетчатка

a substance in food, especially vegetables, that helps digestion; a very thin thread of a material

Foods high in fiber are good for your digestive system.

Продукты с высоким содержанием клетчатки полезны для пищеварения.

filling ˈfɪlɪŋ (B1)

начинка

food that is put inside something such as a sandwich, cake, or pie

What filling would you like in your sandwich – chicken or tuna?

Какую начинку вы хотите в свой сэндвич – курицу или тунца?

flour flaʊə (A2)

мука

a white or brown powder made from grain, used to make bread and cakes

She sifted the flour before adding it to the mixture.

Она просеяла муку, прежде чем добавить её в смесь.

food /fu:d/ (A1)

еда

things that people or animals eat to stay alive and healthy

This restaurant serves excellent Italian food.

В этом ресторане подают отличную итальянскую еду.

fork /fɔ:k/ **A2**

вилка

a tool with a handle and several pointed parts, used for eating food

Please put a fork and knife next to each plate.

Пожалуйста, положи вилку и нож рядом с каждой тарелкой.

fruit /fru:t/ **A1**

фрукт

the sweet, edible part of a plant that contains seeds

Eating plenty of fruit and vegetables is good for your health.

Употребление большого количества фруктов и овощей полезно для здоровья.

grain /greɪn/ **B2**

зерно

the seeds of cereal plants such as wheat or rice, used as food; a small hard particle

The region produces large quantities of grain each year.

Регион ежегодно производит большое количество зерна.

hamburger /'hæm.bɜ:..gər/ **A1**

гамбургер

a flat round patty of minced beef served in a bread bun

He ordered a hamburger and fries at the fast food restaurant.

Он заказал гамбургер и картошку фри в ресторане быстрого питания.

honey /'hʌni/ **A2**

мёд

a sweet sticky substance made by bees, used as food

She put a spoonful of honey in her tea instead of sugar.

Она добавила ложку мёда в чай вместо сахара.

hunger /'hʌŋgə/ **B1**

голод

the feeling you get when you need to eat food

After a long hike, they felt extreme hunger.

После долгого похода они чувствовали сильный голод.

jam /dʒæm/ **A2**

варенье

A sweet food made by cooking fruit with sugar until it becomes thick, spread on bread

She spread thick strawberry jam on her toast before having her morning tea.

Она намазала густое клубничное варенье на тост перед утренним чаем.

jar /dʒɑː/ **B1**

банка

a glass or clay container with a wide opening at the top, usually used for storing food

She bought a jar of honey at the market.

Она купила банку мёда на рынке.

juice /dʒuːs/ **A1**

сок

the liquid that comes from fruit or vegetables when you press them

Would you like a glass of orange juice?

Хочешь стакан апельсинового сока?

knife /naɪf/ **A1**

нож

a tool with a sharp metal blade used for cutting food or as a weapon

Please use a knife and fork to eat your meal.

Пожалуйста, ешьте ножом и вилкой.

lemon /ˈlemən/ **A2**

лимон

A yellow citrus fruit with a very sour taste, used in cooking and drinks

She squeezed a lemon over the grilled fish to add some fresh flavour.

Она выжала лимон над жареной рыбой, чтобы добавить свежесть вкуса.

lunch /lʌntʃ/ **A1**

обед

a meal eaten in the middle of the day

We always eat lunch together as a family at noon on Sundays.

По воскресеньям мы всегда обедаем вместе как семья в полдень.

meal /miːl/ **A1**

приём пищи

food that you eat at one sitting, especially breakfast, lunch, or dinner

We had a delicious meal at the restaurant.

В ресторане мы пообедали очень вкусно.

meat /mi:t/ **A1**

мясо

the flesh of an animal used as food

She doesn't eat meat.

Она не ест мясо.

menu /'menju:/ **A2**

меню

A list of food and drinks available in a restaurant.

Can I have the menu, please?

Можно мне меню, пожалуйста?

milk /mɪlk/ **A1**

молоко

a white liquid that comes from cows, goats, or other animals and is drunk as a food

I drink a glass of milk every morning.

Каждое утро я выпиваю стакан молока.

nutrition /nju:'triʃən/ **B1**

питание

the process by which the body takes in and uses food; the study of how food affects health

Good nutrition is essential for children's healthy growth and development.

Правильное питание крайне важно для здорового роста и развития детей.

oil /ɔɪl/ **A2**

масло

a thick liquid used for cooking, machinery, or fuel

Fry the vegetables in a little olive oil.

Обжарьте овощи в небольшом количестве оливкового масла.

olive /'ɒlɪv/ **B2**

олива

a small oval fruit that has a strong taste, eaten as food or used to make oil

I love pizza with black olives and mozzarella.

Я люблю пиццу с чёрными оливками и моцареллой.

onion /'ʌn.jən/ **A2**

лук

A round vegetable with a strong taste and smell, made up of many layers, usually white, yellow, or red

Chop the onion finely and fry it in olive oil until golden.

Мелко нарежьте лук и обжарьте его на оливковом масле до золотистого цвета.

orange /'ɒrɪndʒ/ **A1**

апельсин

a round, sweet fruit with a thick skin; also the colour between red and yellow

She had orange juice for breakfast.

На завтрак она выпила апельсиновый сок.

pan /pæn/ **A2**

кастрюля

a round flat metal container used for cooking on a stove

Heat the oil in a pan before adding the vegetables.

Разогрейте масло в сковороде перед добавлением овощей.

party /'pɑ:ti/ **A1**

вечеринка

a social event where people eat, drink, and enjoy themselves

We're having a birthday party on Saturday.

В субботу у нас день рождения.

pepper /'pepə/ **A2**

перец

a hot-tasting powder used to flavour food; a hollow vegetable that can be red, green, or yellow

Add some pepper and salt to the soup before serving.

Добавьте немного соли и перца в суп перед подачей.

pie /paɪ/ **B1**

пирог

A baked dish with a pastry crust and a sweet or savoury filling.

She baked an apple pie for Sunday dessert.

Она испекла яблочный пирог к воскресному десерту.

pizza /'pi:tsə/ **A1**

пицца

a flat round bread baked with tomato sauce, cheese, and other toppings on top

Let's order a pizza for dinner tonight.

Давай закажем пиццу на ужин сегодня.

plate pleɪt **A2**

тарелка

a flat round dish that you eat food from

She put a plate of sandwiches on the table.

Она поставила на стол тарелку с бутербродами.

pot /pɒt/ **B1**

кастрюля

a round container used for cooking or storing things

She put a large pot of water on the stove to boil.

Она поставила на плиту большую кастрюлю с водой.

potato /pə'teɪtəʊ/ **A1**

картофель

a round vegetable with a brown or yellow skin that grows underground

We had roast chicken and mashed potatoes for dinner.

На обед у нас была жареная курица и картофельное пюре.

pub /pʌb/ **B1**

паб

a place where people go to drink beer and other alcoholic drinks, especially in the UK

We met for a drink at the local pub after work.

После работы мы встретились выпить в местном пабе.

recipe 'resɪpi **B2**

рецепт

a set of instructions that tells you how to cook something

Can you share your recipe for chocolate cake?

Можешь поделиться своим рецептом шоколадного торта?

restaurant /'restɒrənt/ **A1**

ресторан

a place where you can buy and eat a meal

We booked a table at an Italian restaurant for Saturday evening.

Мы забронировали столик в итальянском ресторане на субботний вечер.

rice /raɪs/ **A1**

рис

small white or brown seeds that are cooked and eaten as food

She cooked rice and vegetables for dinner.

Она приготовила рис с овощами на ужин.

salad /'sæl.əd/ **A1**

салат

a cold dish made mainly from vegetables or fruits, sometimes with meat, fish, eggs, or other ingredients mixed together

I ordered a chicken salad for lunch.

Я заказала салат с курицей на обед.

salmon /'sæmən/ **B1**

лосось

A large fish with pink flesh that lives in the sea and rivers, often eaten as food.

We had grilled salmon for dinner.

На ужин у нас был жареный лосось.

salt /sɒlt/ **A2**

соль

a white crystalline substance used to flavour and preserve food

Add a pinch of salt to the pasta water.
Добавьте щепотку соли в воду для пасты.

sandwich 'sænwɪdʒ **A1**

бутерброд

two pieces of bread with food between them

I had a cheese sandwich for lunch.
На обед я съел бутерброд с сыром.

sauce /sɔːs/ **A2**

соус

A thick liquid served with food to add flavour

He poured tomato sauce over the pasta.
Он полил пасту томатным соусом.

seafood 'siːfuːd **A2**

морепродукты

fish and other sea animals that you can eat, such as prawns, lobsters, and mussels

The restaurant specialises in fresh seafood caught daily from local waters.
Ресторан специализируется на свежих морепродуктах, которые ежедневно вылавливают в местных водах.

slice /slaɪs/ **A2**

ломтик

A thin flat piece cut from something larger, especially food

Can I have a slice of bread, please?
Можно мне ломтик хлеба, пожалуйста?

snack /snæk/ **A2**

перекус

a small amount of food eaten between meals

I had a quick snack before dinner — just some crackers and cheese.
Перед ужином я быстро перекусил — несколько крекеров с сыром.

soda /'səʊdə/ **A2**

газировка

A sweet fizzy drink, or the fizzy water used in drinks

She ordered a glass of soda with her lunch.
К обеду она заказала стакан газировки.

soup /su:p/ **A1**

суп

A hot liquid food made by cooking vegetables, meat, or fish in water

She made a big pot of vegetable soup for the whole family.

Она сварила большую кастрюлю овощного супа для всей семьи.

spoon /spu:n/ **A2**

ложка

A utensil with a round part at one end and a long handle, used for eating, mixing, or serving food

She stirred the soup with a wooden spoon before serving it.

Она помешала суп деревянной ложкой перед подачей.

sugar /'ʃʊɡə/ **A1**

сахар

a sweet white or brown substance used to sweeten food and drink, made from plants like sugarcane or sugar beet

How many spoonfuls of sugar do you take in your tea?

Сколько ложек сахара ты кладёшь в чай?

supermarket 'su:pəmə:kɪt **A1**

супермаркет

a large shop that sells food and other goods

She bought everything she needed at the supermarket.

Она купила всё необходимое в супермаркете.

supper /'sʌpə/ **A2**

ужин

A meal eaten in the evening, usually the last meal of the day

We usually have supper at about seven o'clock.

Обычно мы ужинаем около семи часов.

taste /teɪst/ **B1**

вкус

the feeling you get on your tongue when you eat or drink something; also a person's preferences

This soup has a wonderful taste.

У этого супа замечательный вкус.

tea /ti:/ **A1**

чай

a hot drink made by pouring boiling water onto dried leaves; also the plant whose leaves are used

Would you like a cup of tea?

Хотите чашку чая?

tin /tɪn/ **B1**

консервная банка

(British English) a sealed metal container in which food is stored

She opened a tin of tomato soup for a quick lunch.

Она открыла банку томатного супа для быстрого обеда.

toast /təʊst/ **A2**

тост

bread that has been heated until it is brown and crisp

I had two slices of toast with butter and jam for breakfast.

На завтрак я съела два тоста с маслом и вареньем.

tobacco /tə'bækəʊ/ **B1**

табак

the dried leaves of the tobacco plant used for making cigarettes, cigars, and pipe tobacco

Many countries have increased taxes on tobacco to reduce smoking.

Многие страны повысили налоги на табак, чтобы сократить курение.

tomato /tə'mɑ:təʊ/ **A1**

помидор

A round red fruit that is eaten as a vegetable in salads and cooking.

She sliced a fresh tomato and put it in the salad.

Она нарезала свежий помидор и добавила его в салат.

turkey /'tɜ:ki/ **A1**

индейка

a large farm bird kept for its meat, especially eaten at Thanksgiving and Christmas

We had roast turkey for Thanksgiving dinner.

На ужин в День благодарения мы ели жареную индейку.

vegetable /'vedʒtəbəl/ **A1**

овощ

a plant or part of a plant used as food

We should eat more vegetables and fruit every day.

Нам следует каждый день есть больше овощей и фруктов.

waiter /'weɪtə/ **A1**

официант

a person who brings food and drink to tables in a restaurant or café

The waiter brought the menu and asked if they were ready to order.

Официант принёс меню и спросил, готовы ли они сделать заказ.

wheat wi:t **B2**

пшеница

A type of grain used to make flour for bread, pasta, and other foods

This bread is made from whole wheat flour.

Этот хлеб сделан из муки грубого помола.

wine /waɪn/ **A2**

вино

an alcoholic drink made from fermented grape juice

She ordered a glass of red wine.

Она заказала бокал красного вина.

Чек-лист самопроверки

Закрой правую колонку, вспомни перевод — отметь выученное.

☐	alcohol	алкоголь
☐	apple	яблоко
☐	bacon	бекон
☐	banana	банан
☐	bar	бар
☐	bean	боб
☐	beef	говядина
☐	beer	пиво
☐	bowl	миска
☐	bread	хлеб
☐	breakfast	завтрак
☐	burger	бургер
☐	butter	масло
☐	cafe	кафе
☐	cake	торт
☐	candy	конфета
☐	carrot	морковь
☐	cheese	сыр
☐	chef	шеф-повар
☐	chicken	курица
☐	chip	картофель фри
☐	chocolate	шоколад
☐	coffee	кофе
☐	coke	кола
☐	cookie	печенье
☐	cooking	готовка
☐	corn	кукуруза
☐	cream	сливки
☐	crop	культура
☐	cup	чашка
☐	dessert	десерт
☐	diet	диета
☐	dinner	ужин
☐	dish	блюдо
☐	egg	яйцо
☐	farm	ферма

☐ farming	фермерство
☐ feast	пир
☐ fiber	клетчатка
☐ filling	начинка
☐ flour	мука
☐ food	еда
☐ fork	вилка
☐ fruit	фрукт
☐ grain	зерно
☐ hamburger	гамбургер
☐ honey	мёд
☐ hunger	голод
☐ jam	варенье
☐ jar	банка
☐ juice	сок
☐ knife	нож
☐ lemon	лимон
☐ lunch	обед
☐ meal	приём пищи
☐ meat	мясо
☐ menu	меню
☐ milk	молоко
☐ nutrition	питание
☐ oil	масло
☐ olive	олива
☐ onion	лук
☐ orange	апельсин
☐ pan	кастрюля
☐ party	вечеринка
☐ pepper	перец
☐ pie	пирог
☐ pizza	пицца
☐ plate	тарелка
☐ pot	кастрюля
☐ potato	картофель
☐ pub	паб
☐ recipe	рецепт
☐ restaurant	ресторан
☐ rice	рис

☐	salad	салат
☐	salmon	лосось
☐	salt	соль
☐	sandwich	бутерброд
☐	sauce	соус
☐	seafood	морепродукты
☐	slice	ломтик
☐	snack	перекус
☐	soda	газировка
☐	soup	суп
☐	spoon	ложка
☐	sugar	сахар
☐	supermarket	супермаркет
☐	supper	ужин
☐	taste	вкус
☐	tea	чай
☐	tin	консервная банка
☐	toast	тост
☐	tobacco	табак
☐	tomato	помидор
☐	turkey	индейка
☐	vegetable	овощ
☐	waiter	официант
☐	wheat	пшеница
☐	wine	вино